

# Resultat

## Distanscupen 2 2024

Plats:  
Bassäng: 25m

Arrangör: Helsingborgs Simsällskap  
Tävlingdatum: den 18 mar 2024 till den 18 mar 2024

### Gren 3, 1500m Frisim Herrar - Final

Plac	Namn	Född	Förening	R.T.	AQU	Tid	Diff
1	<b>Viggo Holst</b>		2006 Helsingborgs Simsällskap	0.73		<b>16:03.66</b>	
	50m: 28.66		100m: 59.75 (31.09)		150m: 1:31.20 (31.45)	200m: 2:02.99 (31.79)	
	250m: 2:34.97 (31.98)		300m: 3:07.19 (32.22)		350m: 3:39.39 (32.20)	400m: 4:11.60 (32.21)	
	450m: 4:43.92 (32.32)		500m: 5:16.50 (32.58)		550m: 5:49.01 (32.51)	600m: 6:21.48 (32.47)	
	650m: 6:53.94 (32.46)		700m: 7:26.53 (32.59)		750m: 7:59.21 (32.68)	800m: 8:31.73 (32.52)	
	850m: 9:04.31 (32.58)		900m: 9:36.65 (32.34)		950m: 10:09.25 (32.60)	1000m: 10:41.83 (32.58)	
	1050m: 11:14.77 (32.94)		1100m: 11:47.22 (32.45)		1150m: 12:19.54 (32.32)	1200m: 12:51.87 (32.33)	
	1250m: 13:24.45 (32.58)		1300m: 13:56.90 (32.45)		1350m: 14:29.49 (32.59)	1400m: 15:01.77 (32.28)	
	1450m: 15:33.68 (31.91)		1500m: 16:03.66 (29.98)				
2	<b>Hilding Hallberg</b>		2005 Helsingborgs Simsällskap	0.69		<b>16:08.34</b>	+4.68
	50m: 29.31		100m: 1:01.24 (31.93)		150m: 1:33.39 (32.15)	200m: 2:06.01 (32.62)	
	250m: 2:37.30 (32.93)		300m: 3:12.21 (33.27)		350m: 3:44.92 (32.71)	400m: 4:17.77 (32.85)	
	450m: 4:50.43 (32.66)		500m: 5:23.36 (32.93)		550m: 5:56.17 (32.81)	600m: 6:28.67 (32.50)	
	650m: 7:01.26 (32.59)		700m: 7:33.78 (32.52)		750m: 8:05.99 (32.21)	800m: 8:38.39 (32.40)	
	850m: 9:10.39 (32.00)		900m: 9:42.94 (32.55)		950m: 10:15.54 (32.60)	1000m: 10:47.81 (32.27)	
	1050m: 11:20.12 (32.31)		1100m: 11:52.54 (32.42)		1150m: 12:24.95 (32.41)	1200m: 12:57.62 (32.67)	
	1250m: 13:29.79 (32.17)		1300m: 14:02.42 (32.63)		1350m: 14:34.34 (31.92)	1400m: 15:06.35 (32.01)	
	1450m: 15:38.53 (32.18)		1500m: 16:08.34 (29.81)				
3	<b>Victor Sandrup</b>		2007 Helsingborgs Simsällskap	0.75		<b>16:09.11</b>	+5.45
	50m: 28.90		100m: 1:00.51 (31.61)		150m: 1:32.74 (32.23)	200m: 2:05.07 (32.33)	
	250m: 2:37.30 (32.23)		300m: 3:09.80 (32.50)		350m: 3:42.62 (32.82)	400m: 4:15.70 (33.08)	
	450m: 4:48.64 (32.94)		500m: 5:21.01 (32.37)		550m: 5:53.11 (32.10)	600m: 6:25.59 (32.48)	
	650m: 6:58.00 (32.41)		700m: 7:30.42 (32.42)		750m: 8:03.18 (32.76)	800m: 8:35.80 (32.62)	
	850m: 9:08.52 (32.72)		900m: 9:41.07 (32.55)		950m: 10:13.83 (32.76)	1000m: 10:46.22 (32.39)	
	1050m: 11:18.63 (32.41)		1100m: 11:51.28 (32.65)		1150m: 12:24.06 (32.78)	1200m: 12:56.33 (32.27)	
	1250m: 13:28.75 (32.42)		1300m: 14:00.88 (32.13)		1350m: 14:33.56 (32.68)	1400m: 15:06.12 (32.56)	
	1450m: 15:38.48 (32.36)		1500m: 16:09.11 (30.63)				
4	<b>Alan Jovic</b>		2004 Helsingborgs Simsällskap	0.59		<b>16:37.09</b>	+33.43
	50m: 28.67		100m: 1:00.00 (31.33)		150m: 1:31.51 (31.51)	200m: 2:03.35 (31.84)	
	250m: 2:35.40 (32.05)		300m: 3:07.74 (32.34)		350m: 3:40.09 (32.35)	400m: 4:12.04 (31.95)	
	450m: 4:44.40 (32.36)		500m: 5:16.76 (32.36)		550m: 5:49.38 (32.62)	600m: 6:22.65 (33.27)	
	650m: 6:57.05 (34.40)		700m: 7:31.26 (34.21)		750m: 8:05.83 (34.57)	800m: 8:39.66 (33.83)	
	850m: 9:14.05 (34.39)		900m: 9:48.46 (34.41)		950m: 10:23.17 (34.71)	1000m: 10:57.03 (33.86)	
	1050m: 11:31.23 (34.20)		1100m: 12:05.56 (34.33)		1150m: 12:39.78 (34.22)	1200m: 13:13.74 (33.96)	
	1250m: 13:47.83 (34.09)		1300m: 14:22.53 (34.70)		1350m: 14:56.75 (34.22)	1400m: 15:31.48 (34.73)	
	1450m: 16:04.50 (33.02)		1500m: 16:37.09 (32.59)				
5	<b>Eric Sandrup</b>		2009 Helsingborgs Simsällskap	0.83		<b>17:00.13</b>	+56.47
	50m: 30.89		100m: 1:04.43 (33.54)		150m: 1:38.76 (34.33)	200m: 2:13.20 (34.44)	
	250m: 2:47.80 (34.60)		300m: 3:22.46 (34.66)		350m: 3:57.14 (34.68)	400m: 4:31.79 (34.65)	
	450m: 5:06.37 (34.58)		500m: 5:40.48 (34.11)		550m: 6:14.81 (34.33)	600m: 6:49.48 (34.67)	
	650m: 7:23.75 (34.27)		700m: 7:58.08 (34.33)		750m: 8:32.24 (34.16)	800m: 9:06.36 (34.12)	
	850m: 9:40.35 (33.99)		900m: 10:14.62 (34.27)		950m: 10:48.98 (34.36)	1000m: 11:23.18 (34.20)	
	1050m: 11:57.36 (34.18)		1100m: 12:31.06 (33.70)		1150m: 13:05.28 (34.22)	1200m: 13:39.83 (34.55)	
	1250m: 14:13.45 (33.62)		1300m: 14:47.91 (34.46)		1350m: 15:22.01 (34.10)	1400m: 15:56.61 (34.60)	
	1450m: 16:29.21 (32.60)		1500m: 17:00.13 (30.92)				
6	<b>Isak Vikström</b>		1999 Helsingborgs Simsällskap	0.57		<b>17:01.65</b>	+57.99
	50m: 29.17		100m: 1:00.90 (31.73)		150m: 1:33.19 (32.29)	200m: 2:05.73 (32.54)	
	250m: 2:38.70 (32.97)		300m: 3:11.87 (33.17)		350m: 3:45.46 (33.59)	400m: 4:18.93 (33.47)	
	450m: 4:52.49 (33.56)		500m: 5:26.17 (33.68)		550m: 6:00.27 (34.10)	600m: 6:34.13 (33.86)	
	650m: 7:08.51 (34.38)		700m: 7:43.58 (35.07)		750m: 8:18.29 (34.71)	800m: 8:53.28 (34.99)	
	850m: 9:28.03 (34.75)		900m: 10:03.31 (35.28)		950m: 10:38.79 (35.48)	1000m: 11:13.16 (34.37)	
	1050m: 11:48.26 (35.10)		1100m: 12:23.31 (35.05)		1150m: 12:58.72 (35.41)	1200m: 13:34.13 (35.41)	
	1250m: 14:09.29 (35.16)		1300m: 14:44.61 (35.32)		1350m: 15:20.10 (35.49)	1400m: 15:55.01 (34.91)	
	1450m: 16:29.53 (34.52)		1500m: 17:01.65 (32.12)				
7	<b>Wille Zetterström</b>		2008 Helsingborgs Simsällskap			<b>17:51.28</b>	+1:47.62
	50m: 31.03		100m: 1:06.27 (35.24)		150m: 1:43.07 (36.80)	200m: 2:19.02 (35.95)	
	250m: 2:55.64 (36.62)		300m: 3:32.49 (36.85)		350m: 4:09.98 (37.49)	400m: 4:45.87 (35.89)	
	450m: 5:22.37 (36.50)		500m: 5:58.69 (36.32)		550m: 6:35.45 (36.76)	600m: 7:11.94 (36.49)	
	650m: 7:47.90 (35.96)		700m: 8:24.27 (36.37)		750m: 9:00.70 (36.43)	800m: 9:36.24 (35.54)	
	850m: 10:11.81 (35.57)		900m: 10:47.90 (36.09)		950m: 11:24.03 (36.13)	1000m: 11:59.99 (35.96)	
	1050m: 12:35.88 (35.89)		1100m: 13:11.46 (35.58)		1150m: 13:46.84 (35.38)	1200m: 14:23.00 (36.16)	
	1250m: 14:58.50 (35.50)		1300m: 15:34.05 (35.55)		1350m: 16:09.14 (35.09)	1400m: 16:44.34 (35.20)	
	1450m: 17:19.20 (34.86)		1500m: 17:51.28 (32.08)				

# Resultat

## Gren 3, 1500m Frisim Herrar - Final

Plac	Namn	Född	Förening	R.T.	AQU	Tid	Diff
<b>8</b>	<b>Filip Jälminger</b>		2008 Helsingborgs Simsällskap	0.70		<b>18:00.50</b>	+1:56.84
	50m: 30.57		100m: 1:05.50 (34.93)			150m: 1:41.87 (36.37)	200m: 2:18.03 (36.16)
	250m: 2:54.89 (36.86)		300m: 3:31.33 (36.44)			350m: 4:08.06 (36.73)	400m: 4:44.97 (36.91)
	450m: 5:21.28 (36.31)		500m: 5:56.87 (35.59)			550m: 6:33.46 (36.59)	600m: 7:10.16 (36.70)
	650m: 7:46.55 (36.39)		700m: 8:22.78 (36.23)			750m: 8:58.86 (36.08)	800m: 9:35.15 (36.29)
	850m: 10:11.54 (36.39)		900m: 10:47.53 (35.99)			950m: 11:24.06 (36.53)	1000m: 12:00.31 (36.25)
	1050m: 12:37.19 (36.88)		1100m: 13:13.43 (36.24)			1150m: 13:49.34 (35.91)	1200m: 14:26.06 (36.72)
	1250m: 15:02.48 (36.42)		1300m: 15:38.88 (36.40)			1350m: 16:14.50 (35.62)	1400m: 16:50.37 (35.87)
	1450m: 17:25.09 (34.72)		1500m: 18:00.50 (35.41)				
<b>9</b>	<b>Elliot Sandberg</b>		2008 Helsingborgs Simsällskap	0.69		<b>18:09.44</b>	+2:05.78
	50m: 32.05		100m: 1:07.21 (35.16)			150m: 1:43.55 (36.34)	200m: 2:19.94 (36.39)
	250m: 2:56.85 (36.91)		300m: 3:33.89 (37.04)			350m: 4:11.06 (37.17)	400m: 4:48.09 (37.03)
	450m: 5:25.34 (37.25)		500m: 6:02.90 (37.56)			550m: 6:40.65 (37.75)	600m: 7:17.64 (36.99)
	650m: 7:54.52 (36.88)		700m: 8:31.39 (36.87)			750m: 9:08.09 (36.70)	800m: 9:45.01 (36.92)
	850m: 10:21.74 (36.73)		900m: 10:58.51 (36.77)			950m: 11:35.15 (36.64)	1000m: 12:11.60 (36.45)
	1050m: 12:48.22 (36.62)		1100m: 13:24.58 (36.36)			1150m: 14:01.03 (36.45)	1200m: 14:37.39 (36.36)
	1250m: 15:13.81 (36.42)		1300m: 15:49.98 (36.17)			1350m: 16:26.04 (36.06)	1400m: 17:01.75 (35.71)
	1450m: 17:36.90 (35.15)		1500m: 18:09.44 (32.54)				
<b>10</b>	<b>Jarne Vriezckolk</b>		2009 Helsingborgs Simsällskap	0.58		<b>18:47.13</b>	+2:43.47
	50m: 33.74		100m: 1:10.43 (36.69)			150m: 1:48.07 (37.64)	200m: 2:26.69 (38.62)
	250m: 3:04.94 (38.25)		300m: 3:42.50 (37.56)			350m: 4:20.45 (37.95)	400m: 4:59.13 (38.68)
	450m: 5:37.14 (38.01)		500m: 6:15.07 (37.93)			550m: 6:53.19 (38.12)	600m: 7:31.95 (38.76)
	650m: 8:09.62 (37.67)		700m: 8:48.11 (38.49)			750m: 9:25.98 (37.87)	800m: 10:03.96 (37.98)
	850m: 10:41.60 (37.64)		900m: 11:19.49 (37.89)			950m: 11:57.23 (37.74)	1000m: 12:35.06 (37.83)
	1050m: 13:11.99 (36.93)		1100m: 13:49.45 (37.46)			1150m: 14:26.26 (36.81)	1200m: 15:04.68 (38.42)
	1250m: 15:41.69 (37.01)		1300m: 16:20.07 (38.38)			1350m: 16:57.59 (37.52)	1400m: 17:35.50 (37.91)
	1450m: 18:11.92 (36.42)		1500m: 18:47.13 (35.21)				
<b>11</b>	<b>Viggo Näsström</b>		2010 Helsingborgs Simsällskap	0.74		<b>19:09.14</b>	+3:05.48
	50m: 32.72		100m: 1:09.79 (37.07)			150m: 1:47.29 (37.50)	200m: 2:25.28 (37.99)
	250m: 3:03.52 (38.24)		300m: 3:42.10 (38.58)			350m: 4:21.19 (39.09)	400m: 5:00.00 (38.81)
	450m: 5:38.50 (38.50)		500m: 6:17.66 (39.16)			550m: 6:56.43 (38.77)	600m: 7:34.87 (38.44)
	650m: 8:13.61 (38.74)		700m: 8:52.36 (38.75)			750m: 9:31.90 (39.54)	800m: 10:10.19 (38.29)
	850m: 10:48.88 (38.69)		900m: 11:28.00 (39.12)			950m: 12:06.94 (38.94)	1000m: 12:45.90 (38.96)
	1050m: 13:24.30 (38.40)		1100m: 14:02.81 (38.51)			1150m: 14:41.88 (39.07)	1200m: 15:20.92 (39.04)
	1250m: 16:00.34 (39.42)		1300m: 16:39.45 (39.11)			1350m: 17:18.39 (38.94)	1400m: 17:57.21 (38.82)
	1450m: 18:35.62 (38.41)		1500m: 19:09.14 (33.52)				
<b>12</b>	<b>Charlie Ståhlgren</b>		2009 Helsingborgs Simsällskap	0.88		<b>19:16.97</b>	+3:13.31
	50m: 33.96		100m: 1:11.91 (37.95)			150m: 1:50.40 (38.49)	200m: 2:28.72 (38.32)
	250m: 3:07.39 (38.67)		300m: 3:46.59 (39.20)			350m: 4:26.25 (39.66)	400m: 5:05.35 (39.10)
	450m: 5:45.22 (39.87)		500m: 6:24.39 (39.17)			550m: 7:02.61 (38.22)	600m: 7:41.61 (39.00)
	650m: 8:21.50 (39.89)		700m: 9:00.24 (38.74)			750m: 9:39.28 (39.04)	800m: 10:18.69 (39.41)
	850m: 10:57.53 (38.84)		900m: 11:36.98 (39.45)			950m: 12:15.22 (38.24)	1000m: 12:53.86 (38.64)
	1050m: 13:32.43 (38.57)		1100m: 14:10.98 (38.55)			1150m: 14:50.26 (39.28)	1200m: 15:28.31 (38.05)
	1250m: 16:07.01 (38.70)		1300m: 16:45.40 (38.39)			1350m: 17:23.71 (38.31)	1400m: 18:01.10 (37.39)
	1450m: 18:39.63 (38.53)		1500m: 19:16.97 (37.34)				
<b>13</b>	<b>Felix Broberg</b>		2010 Helsingborgs Simsällskap	0.66		<b>21:15.20</b>	+5:11.54
	50m: 36.20		100m: 1:16.76 (40.56)			150m: 1:58.68 (41.92)	200m: 2:41.65 (42.97)
	250m: 3:24.70 (43.05)		300m: 4:08.03 (43.33)			350m: 4:52.24 (44.21)	400m: 5:34.48 (42.24)
	450m: 6:18.02 (43.54)		500m: 7:01.78 (43.76)			550m: 7:45.70 (43.92)	600m: 8:28.38 (42.68)
	650m: 9:12.62 (44.24)		700m: 9:56.57 (43.95)			750m: 10:39.14 (42.57)	800m: 11:19.97 (40.83)
	850m: 12:02.90 (42.93)		900m: 12:47.74 (44.84)			950m: 13:31.76 (44.02)	1000m: 14:15.77 (44.01)
	1050m: 15:00.18 (44.41)		1100m: 15:43.56 (43.38)			1150m: 16:27.01 (43.45)	1200m: 17:10.74 (43.73)
	1250m: 17:53.73 (42.99)		1300m: 18:36.60 (42.87)			1350m: 19:16.77 (40.17)	1400m: 19:57.92 (41.15)
	1450m: 20:38.37 (40.45)		1500m: 21:15.20 (36.83)				
<b>14</b>	<b>Teo Zonic</b>		2011 Helsingborgs Simsällskap			<b>21:58.52</b>	+5:54.86
	50m: 39.23		100m: 1:22.17 (42.94)			150m: 2:06.10 (43.93)	200m: 2:49.12 (43.02)
	250m: 3:33.69 (44.57)		300m: 4:16.55 (42.86)			350m: 4:59.90 (43.35)	400m: 5:44.59 (44.69)
	450m: 6:28.22 (43.63)		500m: 7:13.37 (45.15)			550m: 7:57.54 (44.17)	600m: 8:42.04 (44.50)
	650m: 9:26.17 (44.13)		700m: 10:10.40 (44.23)			750m: 10:53.31 (42.91)	800m: 11:37.79 (44.48)
	850m: 12:22.48 (44.69)		900m: 13:06.16 (43.68)			950m: 13:50.91 (44.75)	1000m: 14:35.39 (44.48)
	1050m: 15:20.95 (45.56)		1100m: 16:05.35 (44.40)			1150m: 16:49.72 (44.37)	1200m: 17:33.99 (44.27)
	1250m: 18:19.37 (45.38)		1300m: 19:04.85 (45.48)			1350m: 19:48.24 (43.39)	1400m: 20:32.56 (44.32)
	1450m: 21:17.35 (44.79)		1500m: 21:58.52 (41.17)				
<b>15</b>	<b>Loujan Llupa</b>		2010 Helsingborgs Simsällskap			<b>22:10.80</b>	+6:07.14
	50m: 37.75		100m: 1:18.71 (40.96)			150m: 2:00.98 (42.27)	200m: 2:44.08 (43.10)
	250m: 3:27.91 (43.83)		300m: 4:11.76 (43.85)			350m: 4:56.06 (44.30)	400m: 5:40.39 (44.33)
	450m: 6:25.20 (44.81)		500m: 7:10.10 (44.90)			550m: 7:55.48 (45.38)	600m: 8:40.92 (45.44)
	650m: 9:26.65 (45.73)		700m: 10:11.85 (45.20)			750m: 10:57.43 (45.58)	800m: 11:43.29 (45.86)
	850m: 12:28.90 (45.61)		900m: 13:14.43 (45.53)			950m: 14:00.40 (45.97)	1000m: 14:46.47 (46.07)
	1050m: 15:31.67 (45.20)		1100m: 16:17.52 (45.85)			1150m: 17:03.91 (46.39)	1200m: 17:49.75 (45.84)
	1250m: 18:35.72 (45.97)		1300m: 19:19.69 (43.97)			1350m: 20:03.25 (43.56)	1400m: 20:47.50 (44.25)
	1450m: 21:30.38 (42.88)		1500m: 22:10.80 (40.42)				

# Resultat

## Gren 3, 1500m Frisim Herrar - Final

Plac	Namn	Född	Förening	R.T.	AQU	Tid	Diff
<b>16</b>	<b>Love Kronwall</b>		2011 Helsingborgs Simsällskap	0.83		<b>22:42.67</b>	+6:39.01
	50m: 39.32		100m: 1:23.60 (44.28)			150m: 2:08.72 (45.12)	200m: 2:53.31 (44.59)
	250m: 3:38.92 (45.61)		300m: 4:24.59 (45.67)			350m: 5:09.57 (44.98)	400m: 5:55.32 (45.75)
	450m: 6:41.32 (46.00)		500m: 7:28.31 (46.99)			550m: 8:13.58 (45.27)	600m: 8:59.96 (46.38)
	650m: 9:45.97 (46.01)		700m: 10:31.38 (45.41)			750m: 11:16.65 (45.27)	800m: 12:02.54 (45.89)
	850m: 12:49.43 (46.89)		900m: 13:35.12 (45.69)			950m: 14:21.70 (46.58)	1000m: 15:06.86 (45.16)
	1050m: 15:54.62 (47.76)		1100m: 16:40.28 (45.66)			1150m: 17:26.77 (46.49)	1200m: 18:13.14 (46.37)
	1250m: 18:59.97 (46.83)		1300m: 19:45.68 (45.71)			1350m: 20:30.50 (44.82)	1400m: 21:17.37 (46.87)
	1450m: 22:01.16 (43.79)		1500m: 22:42.67 (41.51)				
<b>17</b>	<b>Neo Dobraj</b>		2011 Helsingborgs Simsällskap			<b>22:46.08</b>	+6:42.42
	50m: 40.07		100m: 1:24.55 (44.48)			150m: 2:09.60 (45.05)	200m: 2:54.82 (45.22)
	250m: 3:40.23 (45.41)		300m: 4:26.19 (45.96)			350m: 5:12.21 (46.02)	400m: 5:58.38 (46.17)
	450m: 6:45.22 (46.84)		500m: 7:32.61 (47.39)			550m: 8:18.00 (45.39)	600m: 9:03.97 (45.97)
	650m: 9:50.31 (46.34)		700m: 10:36.39 (46.08)			750m: 11:22.04 (45.65)	800m: 12:08.29 (46.25)
	850m: 12:54.65 (46.36)		900m: 13:40.81 (46.16)			950m: 14:27.37 (46.56)	1000m: 15:14.18 (46.81)
	1050m: 15:59.16 (44.98)		1100m: 16:45.02 (45.86)			1150m: 17:31.28 (46.26)	1200m: 18:17.58 (46.30)
	1250m: 19:04.67 (47.09)		1300m: 19:49.75 (45.08)			1350m: 20:34.83 (45.08)	1400m: 21:20.78 (45.95)
	1450m: 22:05.72 (44.94)		1500m: 22:46.08 (40.36)				
<b>18</b>	<b>Ted Bente</b>		2011 Helsingborgs Simsällskap	0.89		<b>24:35.76</b>	+8:32.10
	50m: 37.59		100m: 1:22.19 (44.60)			150m: 2:09.20 (47.01)	200m: 2:56.61 (47.41)
	250m: 3:44.72 (48.11)		300m: 4:33.22 (48.50)			350m: 5:22.08 (48.86)	400m: 6:11.23 (49.15)
	450m: 7:02.28 (51.05)		500m: 7:52.41 (50.13)			550m: 8:43.21 (50.80)	600m: 9:33.11 (49.90)
	650m: 10:23.73 (50.62)		700m: 11:14.13 (50.40)			750m: 12:04.88 (50.75)	800m: 12:56.87 (51.99)
	850m: 13:48.07 (51.20)		900m: 14:39.28 (51.21)			950m: 15:29.97 (50.69)	1000m: 16:20.38 (50.41)
	1050m: 17:12.22 (51.84)		1100m: 18:02.66 (50.44)			1150m: 18:53.28 (50.62)	1200m: 19:43.40 (50.12)
	1250m: 20:34.15 (50.75)		1300m: 21:24.19 (50.04)			1350m: 22:15.54 (51.35)	1400m: 23:04.99 (49.45)
			1500m: 24:35.76 (24:35.76)				
<b>=0</b>	<b>Ted Bente</b>		2011 Helsingborgs Simsällskap	0.89		<b>24:35.76</b>	+8:32.10
	50m: 37.59		100m: 1:22.19 (44.60)			150m: 2:09.20 (47.01)	200m: 2:56.61 (47.41)
	250m: 3:44.72 (48.11)		300m: 4:33.22 (48.50)			350m: 5:22.08 (48.86)	400m: 6:11.23 (49.15)
	450m: 7:02.28 (51.05)		500m: 7:52.41 (50.13)			550m: 8:43.21 (50.80)	600m: 9:33.11 (49.90)
	650m: 10:23.73 (50.62)		700m: 11:14.13 (50.40)			750m: 12:04.88 (50.75)	800m: 12:56.87 (51.99)
	850m: 13:48.07 (51.20)		900m: 14:39.28 (51.21)			950m: 15:29.97 (50.69)	1000m: 16:20.38 (50.41)
	1050m: 17:12.22 (51.84)		1100m: 18:02.66 (50.44)			1150m: 18:53.28 (50.62)	1200m: 19:43.40 (50.12)
	1250m: 20:34.15 (50.75)		1300m: 21:24.19 (50.04)			1350m: 22:15.54 (51.35)	1400m: 23:04.99 (49.45)
			1500m: 24:35.76 (24:35.76)				
<b>=0</b>	<b>Felix Broberg</b>		2010 Helsingborgs Simsällskap	0.66		<b>21:15.20</b>	+5:11.54
	50m: 36.20		100m: 1:16.76 (40.56)			150m: 1:58.68 (41.92)	200m: 2:41.65 (42.97)
	250m: 3:24.70 (43.05)		300m: 4:08.03 (43.33)			350m: 4:52.24 (44.21)	400m: 5:34.48 (42.24)
	450m: 6:18.02 (43.54)		500m: 7:01.78 (43.76)			550m: 7:45.70 (43.92)	600m: 8:28.38 (42.68)
	650m: 9:12.62 (44.24)		700m: 9:56.57 (43.95)			750m: 10:39.14 (42.57)	800m: 11:19.97 (40.83)
	850m: 12:02.90 (42.93)		900m: 12:47.74 (44.84)			950m: 13:31.76 (44.02)	1000m: 14:15.77 (44.01)
	1050m: 15:00.18 (44.41)		1100m: 15:43.56 (43.38)			1150m: 16:27.01 (43.45)	1200m: 17:10.74 (43.73)
	1250m: 17:53.73 (42.99)		1300m: 18:36.60 (42.87)			1350m: 19:16.77 (40.17)	1400m: 19:57.92 (41.15)
	1450m: 20:38.37 (40.45)		1500m: 21:15.20 (36.83)				
<b>=0</b>	<b>Neo Dobraj</b>		2011 Helsingborgs Simsällskap			<b>22:46.08</b>	+6:42.42
	50m: 40.07		100m: 1:24.55 (44.48)			150m: 2:09.60 (45.05)	200m: 2:54.82 (45.22)
	250m: 3:40.23 (45.41)		300m: 4:26.19 (45.96)			350m: 5:12.21 (46.02)	400m: 5:58.38 (46.17)
	450m: 6:45.22 (46.84)		500m: 7:32.61 (47.39)			550m: 8:18.00 (45.39)	600m: 9:03.97 (45.97)
	650m: 9:50.31 (46.34)		700m: 10:36.39 (46.08)			750m: 11:22.04 (45.65)	800m: 12:08.29 (46.25)
	850m: 12:54.65 (46.36)		900m: 13:40.81 (46.16)			950m: 14:27.37 (46.56)	1000m: 15:14.18 (46.81)
	1050m: 15:59.16 (44.98)		1100m: 16:45.02 (45.86)			1150m: 17:31.28 (46.26)	1200m: 18:17.58 (46.30)
	1250m: 19:04.67 (47.09)		1300m: 19:49.75 (45.08)			1350m: 20:34.83 (45.08)	1400m: 21:20.78 (45.95)
	1450m: 22:05.72 (44.94)		1500m: 22:46.08 (40.36)				
<b>=0</b>	<b>Hilding Hallberg</b>		2005 Helsingborgs Simsällskap	0.69		<b>16:08.34</b>	+4.68
	50m: 29.31		100m: 1:01.24 (31.93)			150m: 1:33.39 (32.15)	200m: 2:06.01 (32.62)
	250m: 2:38.94 (32.93)		300m: 3:12.21 (33.27)			350m: 3:44.92 (32.71)	400m: 4:17.77 (32.85)
	450m: 4:50.43 (32.66)		500m: 5:23.36 (32.93)			550m: 5:56.17 (32.81)	600m: 6:28.67 (32.50)
	650m: 7:01.26 (32.59)		700m: 7:33.78 (32.52)			750m: 8:05.99 (32.21)	800m: 8:38.39 (32.40)
	850m: 9:10.39 (32.00)		900m: 9:42.94 (32.55)			950m: 10:15.54 (32.60)	1000m: 10:47.81 (32.27)
	1050m: 11:20.12 (32.31)		1100m: 11:52.54 (32.42)			1150m: 12:24.95 (32.41)	1200m: 12:57.62 (32.67)
	1250m: 13:29.79 (32.17)		1300m: 14:02.42 (32.63)			1350m: 14:34.34 (31.92)	1400m: 15:06.35 (32.01)
	1450m: 15:38.53 (32.18)		1500m: 16:08.34 (29.81)				
<b>=0</b>	<b>Viggo Holst</b>		2006 Helsingborgs Simsällskap	0.73		<b>16:03.66</b>	=
	50m: 28.66		100m: 59.75 (31.09)			150m: 1:31.20 (31.45)	200m: 2:02.99 (31.79)
	250m: 2:34.97 (31.98)		300m: 3:07.19 (32.22)			350m: 3:39.39 (32.20)	400m: 4:11.60 (32.21)
	450m: 4:43.92 (32.32)		500m: 5:16.50 (32.58)			550m: 5:49.01 (32.51)	600m: 6:21.48 (32.47)
	650m: 6:53.94 (32.46)		700m: 7:26.53 (32.59)			750m: 7:59.21 (32.68)	800m: 8:31.73 (32.52)
	850m: 9:04.31 (32.58)		900m: 9:36.65 (32.34)			950m: 10:09.25 (32.60)	1000m: 10:41.83 (32.58)
	1050m: 11:14.77 (32.94)		1100m: 11:47.22 (32.45)			1150m: 12:19.54 (32.32)	1200m: 12:51.87 (32.33)
	1250m: 13:24.45 (32.58)		1300m: 13:56.90 (32.45)			1350m: 14:29.49 (32.59)	1400m: 15:01.77 (32.28)
	1450m: 15:33.68 (31.91)		1500m: 16:03.66 (29.98)				

# Resultat

## Gren 3, 1500m Frisim Herrar - Final

Plac	Namn	Född	Förening	R.T.	AQU	Tid	Diff
<b>=0</b>	<b>Alan Jovic</b>		2004 Helsingborgs Simsällskap	0.59		<b>16:37.09</b>	<b>+33.43</b>
	50m: 28.67		100m: 1:00.00 (31.33)			150m: 1:31.51 (31.51)	200m: 2:03.35 (31.84)
	250m: 2:35.40 (32.05)		300m: 3:07.74 (32.34)			350m: 3:40.09 (32.35)	400m: 4:12.04 (31.95)
	450m: 4:44.40 (32.36)		500m: 5:16.76 (32.36)			550m: 5:49.38 (32.62)	600m: 6:22.65 (33.27)
	650m: 6:57.05 (34.40)		700m: 7:31.26 (34.21)			750m: 8:05.83 (34.57)	800m: 8:39.66 (33.83)
	850m: 9:14.05 (34.39)		900m: 9:48.46 (34.41)			950m: 10:23.17 (34.71)	1000m: 10:57.03 (33.86)
	1050m: 11:31.23 (34.20)		1100m: 12:05.56 (34.33)			1150m: 12:39.78 (34.22)	1200m: 13:13.74 (33.96)
	1250m: 13:47.83 (34.09)		1300m: 14:22.53 (34.70)			1350m: 14:56.75 (34.22)	1400m: 15:31.48 (34.73)
	1450m: 16:04.50 (33.02)		1500m: 16:37.09 (32.59)				
<b>=0</b>	<b>Filip Jälminger</b>		2008 Helsingborgs Simsällskap	0.70		<b>18:00.50</b>	<b>+1:56.84</b>
	50m: 30.57		100m: 1:05.50 (34.93)			150m: 1:41.87 (36.37)	200m: 2:18.03 (36.16)
	250m: 2:54.89 (36.86)		300m: 3:31.33 (36.44)			350m: 4:08.06 (36.73)	400m: 4:44.97 (36.91)
	450m: 5:21.28 (36.31)		500m: 5:56.87 (35.59)			550m: 6:33.46 (36.59)	600m: 7:10.16 (36.70)
	650m: 7:46.55 (36.39)		700m: 8:22.78 (36.23)			750m: 8:58.86 (36.08)	800m: 9:35.15 (36.29)
	850m: 10:11.54 (36.39)		900m: 10:47.53 (35.99)			950m: 11:24.06 (36.53)	1000m: 12:00.31 (36.25)
	1050m: 12:37.19 (36.88)		1100m: 13:13.43 (36.24)			1150m: 13:49.34 (35.91)	1200m: 14:26.06 (36.72)
	1250m: 15:02.48 (36.42)		1300m: 15:38.88 (36.40)			1350m: 16:14.50 (35.62)	1400m: 16:50.37 (35.87)
	1450m: 17:25.09 (34.72)		1500m: 18:00.50 (35.41)				
<b>=0</b>	<b>Love Kronwall</b>		2011 Helsingborgs Simsällskap	0.83		<b>22:42.67</b>	<b>+6:39.01</b>
	50m: 39.32		100m: 1:23.60 (44.28)			150m: 2:08.72 (45.12)	200m: 2:53.31 (44.59)
	250m: 3:38.92 (45.61)		300m: 4:24.59 (45.67)			350m: 5:09.57 (44.98)	400m: 5:55.32 (45.75)
	450m: 6:41.32 (46.00)		500m: 7:28.31 (46.99)			550m: 8:13.58 (45.27)	600m: 8:59.96 (46.38)
	650m: 9:45.97 (46.01)		700m: 10:31.38 (45.41)			750m: 11:16.65 (45.27)	800m: 12:02.54 (45.89)
	850m: 12:49.43 (46.89)		900m: 13:35.12 (45.69)			950m: 14:21.70 (46.58)	1000m: 15:06.86 (45.16)
	1050m: 15:54.62 (47.76)		1100m: 16:40.28 (45.66)			1150m: 17:26.77 (46.49)	1200m: 18:13.14 (46.37)
	1250m: 18:59.97 (46.83)		1300m: 19:45.68 (45.71)			1350m: 20:30.50 (44.82)	1400m: 21:17.37 (46.87)
	1450m: 22:01.16 (43.79)		1500m: 22:42.67 (41.51)				
<b>=0</b>	<b>Loujan Llupa</b>		2010 Helsingborgs Simsällskap			<b>22:10.80</b>	<b>+6:07.14</b>
	50m: 37.75		100m: 1:18.71 (40.96)			150m: 2:00.98 (42.27)	200m: 2:44.08 (43.10)
	250m: 3:27.91 (43.83)		300m: 4:11.76 (43.85)			350m: 4:56.06 (44.30)	400m: 5:40.39 (44.33)
	450m: 6:25.20 (44.81)		500m: 7:10.10 (44.90)			550m: 7:55.48 (45.38)	600m: 8:40.92 (45.44)
	650m: 9:26.65 (45.73)		700m: 10:11.85 (45.20)			750m: 10:57.43 (45.58)	800m: 11:43.29 (45.86)
	850m: 12:28.90 (45.61)		900m: 13:14.43 (45.53)			950m: 14:00.40 (45.97)	1000m: 14:46.47 (46.07)
	1050m: 15:31.67 (45.20)		1100m: 16:17.52 (45.85)			1150m: 17:03.91 (46.39)	1200m: 17:49.75 (45.84)
	1250m: 18:35.72 (45.97)		1300m: 19:19.69 (43.97)			1350m: 20:03.25 (43.56)	1400m: 20:47.50 (44.25)
	1450m: 21:30.38 (42.88)		1500m: 22:10.80 (40.42)				
<b>=0</b>	<b>Viggo Näsström</b>		2010 Helsingborgs Simsällskap	0.74		<b>19:09.14</b>	<b>+3:05.48</b>
	50m: 32.72		100m: 1:09.79 (37.07)			150m: 1:47.29 (37.50)	200m: 2:25.28 (37.99)
	250m: 3:03.52 (38.24)		300m: 3:42.10 (38.58)			350m: 4:21.19 (39.09)	400m: 5:00.00 (38.81)
	450m: 5:38.50 (38.50)		500m: 6:17.66 (39.16)			550m: 6:56.43 (38.77)	600m: 7:34.87 (38.44)
	650m: 8:13.61 (38.74)		700m: 8:52.36 (38.75)			750m: 9:31.90 (39.54)	800m: 10:10.19 (38.29)
	850m: 10:48.88 (38.69)		900m: 11:28.00 (39.12)			950m: 12:06.94 (38.94)	1000m: 12:45.90 (38.96)
	1050m: 13:24.30 (38.40)		1100m: 14:02.81 (38.51)			1150m: 14:41.88 (39.07)	1200m: 15:20.92 (39.04)
	1250m: 16:00.34 (39.42)		1300m: 16:39.45 (39.11)			1350m: 17:18.39 (38.94)	1400m: 17:57.21 (38.82)
	1450m: 18:35.62 (38.41)		1500m: 19:09.14 (33.52)				
<b>=0</b>	<b>Elliot Sandberg</b>		2008 Helsingborgs Simsällskap	0.69		<b>18:09.44</b>	<b>+2:05.78</b>
	50m: 32.05		100m: 1:07.21 (35.16)			150m: 1:43.55 (36.34)	200m: 2:19.94 (36.39)
	250m: 2:56.85 (36.91)		300m: 3:33.89 (37.04)			350m: 4:11.06 (37.17)	400m: 4:48.09 (37.03)
	450m: 5:25.34 (37.25)		500m: 6:02.90 (37.56)			550m: 6:40.65 (37.75)	600m: 7:17.64 (36.99)
	650m: 7:54.52 (36.88)		700m: 8:31.39 (36.87)			750m: 9:08.09 (36.70)	800m: 9:45.01 (36.92)
	850m: 10:21.74 (36.73)		900m: 10:58.51 (36.77)			950m: 11:35.15 (36.64)	1000m: 12:11.60 (36.45)
	1050m: 12:48.22 (36.62)		1100m: 13:24.58 (36.36)			1150m: 14:01.03 (36.45)	1200m: 14:37.39 (36.36)
	1250m: 15:13.81 (36.42)		1300m: 15:49.98 (36.17)			1350m: 16:26.04 (36.06)	1400m: 17:01.75 (35.71)
	1450m: 17:36.90 (35.15)		1500m: 18:09.44 (32.54)				
<b>=0</b>	<b>Eric Sandrup</b>		2009 Helsingborgs Simsällskap	0.83		<b>17:00.13</b>	<b>+56.47</b>
	50m: 30.89		100m: 1:04.43 (33.54)			150m: 1:38.76 (34.33)	200m: 2:13.20 (34.44)
	250m: 2:47.80 (34.60)		300m: 3:22.46 (34.66)			350m: 3:57.14 (34.68)	400m: 4:31.79 (34.65)
	450m: 5:06.37 (34.58)		500m: 5:40.48 (34.11)			550m: 6:14.81 (34.33)	600m: 6:49.48 (34.67)
	650m: 7:23.75 (34.27)		700m: 7:58.08 (34.33)			750m: 8:32.24 (34.16)	800m: 9:06.36 (34.12)
	850m: 9:40.35 (33.99)		900m: 10:14.62 (34.27)			950m: 10:48.98 (34.36)	1000m: 11:23.18 (34.20)
	1050m: 11:57.36 (34.18)		1100m: 12:31.06 (33.70)			1150m: 13:05.28 (34.22)	1200m: 13:39.83 (34.55)
	1250m: 14:13.45 (33.62)		1300m: 14:47.91 (34.46)			1350m: 15:22.01 (34.10)	1400m: 15:56.61 (34.60)
	1450m: 16:29.21 (32.60)		1500m: 17:00.13 (30.92)				
<b>=0</b>	<b>Victor Sandrup</b>		2007 Helsingborgs Simsällskap	0.75		<b>16:09.11</b>	<b>+5.45</b>
	50m: 28.90		100m: 1:00.51 (31.61)			150m: 1:32.74 (32.23)	200m: 2:05.07 (32.33)
	250m: 2:37.30 (32.23)		300m: 3:09.80 (32.50)			350m: 3:42.62 (32.82)	400m: 4:15.70 (33.08)
	450m: 4:48.64 (32.94)		500m: 5:21.01 (32.37)			550m: 5:53.11 (32.10)	600m: 6:25.59 (32.48)
	650m: 6:58.00 (32.41)		700m: 7:30.42 (32.42)			750m: 8:03.18 (32.76)	800m: 8:35.80 (32.62)
	850m: 9:08.52 (32.72)		900m: 9:41.07 (32.55)			950m: 10:13.83 (32.76)	1000m: 10:46.22 (32.39)
	1050m: 11:18.63 (32.41)		1100m: 11:51.28 (32.65)			1150m: 12:24.06 (32.78)	1200m: 12:56.33 (32.27)
	1250m: 13:28.75 (32.42)		1300m: 14:00.88 (32.13)			1350m: 14:33.56 (32.68)	1400m: 15:06.12 (32.56)
	1450m: 15:38.48 (32.36)		1500m: 16:09.11 (30.63)				

# Resultat

## Gren 3, 1500m Frisim Herrar - Final

Plac	Namn	Född	Förening	R.T.	AQU	Tid	Diff
<b>=0</b>	<b>Charlie Ståhlgren</b>		2009 Helsingborgs Simsällskap	0.88		<b>19:16.97</b>	+3:13.31
	50m: 33.96	100m: 1:11.91	(37.95)	150m: 1:50.40	(38.49)	200m: 2:28.72	(38.32)
	250m: 3:07.39	(38.67)	300m: 3:46.59	(39.20)	350m: 4:26.25	(39.66)	400m: 5:05.35
	450m: 5:45.22	(39.87)	500m: 6:24.39	(39.17)	550m: 7:02.61	(38.22)	600m: 7:41.61
	650m: 8:21.50	(39.89)	700m: 9:00.24	(38.74)	750m: 9:39.28	(39.04)	800m: 10:18.69
	850m: 10:57.53	(38.84)	900m: 11:36.98	(39.45)	950m: 12:15.22	(38.24)	1000m: 12:53.86
	1050m: 13:32.43	(38.57)	1100m: 14:10.98	(38.55)	1150m: 14:50.26	(39.28)	1200m: 15:28.31
	1250m: 16:07.01	(38.70)	1300m: 16:45.40	(38.39)	1350m: 17:23.71	(38.31)	1400m: 18:01.10
	1450m: 18:39.63	(38.53)	1500m: 19:16.97	(37.34)			
<b>=0</b>	<b>Isak Vikström</b>		1999 Helsingborgs Simsällskap	0.57		<b>17:01.65</b>	+57.99
	50m: 29.17	100m: 1:00.90	(31.73)	150m: 1:33.19	(32.29)	200m: 2:05.73	(32.54)
	250m: 2:38.70	(32.97)	300m: 3:11.87	(33.17)	350m: 3:45.46	(33.59)	400m: 4:18.93
	450m: 4:52.49	(33.56)	500m: 5:26.17	(33.68)	550m: 6:00.27	(34.10)	600m: 6:34.13
	650m: 7:08.51	(34.38)	700m: 7:43.58	(35.07)	750m: 8:18.29	(34.71)	800m: 8:53.28
	850m: 9:28.03	(34.75)	900m: 10:03.31	(35.28)	950m: 10:38.79	(35.48)	1000m: 11:13.16
	1050m: 11:48.26	(35.10)	1100m: 12:23.31	(35.05)	1150m: 12:58.72	(35.41)	1200m: 13:34.13
	1250m: 14:09.29	(35.16)	1300m: 14:44.61	(35.32)	1350m: 15:20.10	(35.49)	1400m: 15:55.01
	1450m: 16:29.53	(34.52)	1500m: 17:01.65	(32.12)			
<b>=0</b>	<b>Jarne Vrieztekolk</b>		2009 Helsingborgs Simsällskap	0.58		<b>18:47.13</b>	+2:43.47
	50m: 33.74	100m: 1:10.43	(36.69)	150m: 1:48.07	(37.64)	200m: 2:26.69	(38.62)
	250m: 3:04.94	(38.25)	300m: 3:42.50	(37.56)	350m: 4:20.45	(37.95)	400m: 4:59.13
	450m: 5:37.14	(38.01)	500m: 6:15.07	(37.93)	550m: 6:53.19	(38.12)	600m: 7:31.95
	650m: 8:09.62	(37.67)	700m: 8:48.11	(38.49)	750m: 9:25.98	(37.87)	800m: 10:03.96
	850m: 10:41.60	(37.64)	900m: 11:19.49	(37.89)	950m: 11:57.23	(37.74)	1000m: 12:35.06
	1050m: 13:11.99	(36.93)	1100m: 13:49.45	(37.46)	1150m: 14:26.26	(36.81)	1200m: 15:04.68
	1250m: 15:41.69	(37.01)	1300m: 16:20.07	(38.38)	1350m: 16:57.59	(37.52)	1400m: 17:35.50
	1450m: 18:11.92	(36.42)	1500m: 18:47.13	(35.21)			
<b>=0</b>	<b>Wille Zetterström</b>		2008 Helsingborgs Simsällskap			<b>17:51.28</b>	+1:47.62
	50m: 31.03	100m: 1:06.27	(35.24)	150m: 1:43.07	(36.80)	200m: 2:19.02	(35.95)
	250m: 2:55.64	(36.62)	300m: 3:32.49	(36.85)	350m: 4:09.98	(37.49)	400m: 4:45.87
	450m: 5:22.37	(36.50)	500m: 5:58.69	(36.32)	550m: 6:35.45	(36.76)	600m: 7:11.94
	650m: 7:47.90	(35.96)	700m: 8:24.27	(36.37)	750m: 9:00.70	(36.43)	800m: 9:36.24
	850m: 10:11.81	(35.57)	900m: 10:47.90	(36.09)	950m: 11:24.03	(36.13)	1000m: 11:59.99
	1050m: 12:35.88	(35.89)	1100m: 13:11.46	(35.58)	1150m: 13:46.84	(35.38)	1200m: 14:23.00
	1250m: 14:58.50	(35.50)	1300m: 15:34.05	(35.55)	1350m: 16:09.14	(35.09)	1400m: 16:44.34
	1450m: 17:19.20	(34.86)	1500m: 17:51.28	(32.08)			
<b>=0</b>	<b>Teo Zonic</b>		2011 Helsingborgs Simsällskap			<b>21:58.52</b>	+5:54.86
	50m: 39.23	100m: 1:22.17	(42.94)	150m: 2:06.10	(43.93)	200m: 2:49.12	(43.02)
	250m: 3:33.69	(44.57)	300m: 4:16.55	(42.86)	350m: 4:59.90	(43.35)	400m: 5:44.59
	450m: 6:28.22	(43.63)	500m: 7:13.37	(45.15)	550m: 7:57.54	(44.17)	600m: 8:42.04
	650m: 9:26.17	(44.13)	700m: 10:10.40	(44.23)	750m: 10:53.31	(42.91)	800m: 11:37.79
	850m: 12:22.48	(44.69)	900m: 13:06.16	(43.68)	950m: 13:50.91	(44.75)	1000m: 14:35.39
	1050m: 15:20.95	(45.56)	1100m: 16:05.35	(44.40)	1150m: 16:49.72	(44.37)	1200m: 17:33.99
	1250m: 18:19.37	(45.38)	1300m: 19:04.85	(45.48)	1350m: 19:48.24	(43.39)	1400m: 20:32.56
	1450m: 21:17.35	(44.79)	1500m: 21:58.52	(41.17)			
-	<b>Andreas Joves</b>		2011 Helsingborgs Simsällskap			<b>DNS</b>	
-	<b>Andreas Joves</b>		2011 Helsingborgs Simsällskap			<b>DNS</b>	

Grenen officiell: 2024-03-18 18:30:17

## Gren 4, 800m Frisim Damer - Final

Plac	Namn	Född	Förening	R.T.	AQU	Tid	Diff
<b>1</b>	<b>Ebba Jönsson</b>		2005 Helsingborgs Simsällskap	0.86		<b>9:31.86</b>	
	50m: 32.33	100m: 1:07.98	(35.65)	150m: 1:44.14	(36.16)	200m: 2:20.08	(35.94)
	250m: 2:55.34	(35.26)	300m: 3:30.98	(35.64)	350m: 4:06.93	(35.95)	400m: 4:42.83
	450m: 5:18.71	(35.88)	500m: 5:54.63	(35.92)	550m: 6:30.85	(36.22)	600m: 7:06.86
	650m: 7:42.87	(36.01)	700m: 8:19.44	(36.57)	750m: 8:56.52	(37.08)	800m: 9:31.86
<b>2</b>	<b>Nefeli Blithikiotis</b>		2011 Helsingborgs Simsällskap			<b>9:42.54</b>	+10.68
	50m: 33.69	100m: 1:10.20	(36.51)	150m: 1:46.45	(36.25)	200m: 2:23.49	(37.04)
	250m: 2:59.83	(36.34)	300m: 3:36.82	(36.99)	350m: 4:13.19	(36.37)	400m: 4:49.97
	450m: 5:26.82	(36.85)	500m: 6:03.67	(36.85)	550m: 6:40.98	(37.31)	600m: 7:17.81
	650m: 7:54.49	(36.68)	700m: 8:31.75	(37.26)	750m: 9:08.62	(36.87)	800m: 9:42.54
<b>3</b>	<b>Tilda Stenmark</b>		2007 Helsingborgs Simsällskap	0.73		<b>9:46.45</b>	+14.59
	50m: 32.99	100m: 1:09.95	(36.96)	150m: 1:47.38	(37.43)	200m: 2:24.52	(37.14)
	250m: 3:01.50	(36.98)	300m: 3:38.81	(37.31)	350m: 4:16.23	(37.42)	400m: 4:53.72
	450m: 5:30.81	(37.09)	500m: 6:07.87	(37.06)	550m: 6:45.03	(37.16)	600m: 7:22.33
	650m: 7:58.56	(36.23)	700m: 8:35.25	(36.69)	750m: 9:11.78	(36.53)	800m: 9:46.45
<b>4</b>	<b>Dehlia Svensson</b>		2007 Helsingborgs Simsällskap	0.75		<b>9:48.00</b>	+16.14
	50m: 33.01	100m: 1:09.23	(36.22)	150m: 1:45.73	(36.50)	200m: 2:22.30	(36.57)
	250m: 2:58.42	(36.12)	300m: 3:34.59	(36.17)	350m: 4:11.50	(36.91)	400m: 4:48.71
	450m: 5:26.00	(37.29)	500m: 6:03.11	(37.11)	550m: 6:40.01	(36.90)	600m: 7:17.70
	650m: 7:54.80	(37.10)	700m: 8:32.91	(38.11)	750m: 9:11.01	(38.10)	800m: 9:48.00

# Resultat

## Gren 4, 800m Frisim Damer - Final

Plac	Namn	Född	Förening	R.T.	AQU	Tid	Diff
<b>5</b>	<b>Ellinor Nilsson</b>		2009 Helsingborgs Simsällskap	0.73		<b>9:49.00</b>	+17.14
	50m: 32.43		100m: 1:08.32 (35.89)			150m: 1:45.48 (37.16)	200m: 2:22.81 (37.33)
	250m: 3:00.20 (37.39)		300m: 3:37.45 (37.25)			350m: 4:15.37 (37.92)	400m: 4:52.75 (37.38)
	450m: 5:30.90 (38.15)		500m: 6:08.31 (37.41)			550m: 6:45.99 (37.68)	600m: 7:23.36 (37.37)
	650m: 8:01.07 (37.71)		700m: 8:38.48 (37.41)			750m: 9:15.19 (36.71)	800m: 9:49.00 (33.81)
<b>6</b>	<b>Laura Bartolek</b>		2010 Helsingborgs Simsällskap	0.96		<b>10:01.56</b>	+29.70
	50m: 33.62		100m: 1:10.33 (36.71)			150m: 1:48.13 (37.80)	200m: 2:26.41 (38.28)
	250m: 3:04.60 (38.19)		300m: 3:42.10 (37.50)			350m: 4:20.44 (38.34)	400m: 4:58.52 (38.08)
	450m: 5:37.15 (38.63)		500m: 6:15.37 (38.22)			550m: 6:52.97 (37.60)	600m: 7:31.09 (38.12)
	650m: 8:08.96 (37.87)		700m: 8:47.06 (38.10)			750m: 9:24.88 (37.82)	800m: 10:01.56 (36.68)
<b>7</b>	<b>Kajsa Berg</b>		2009 Helsingborgs Simsällskap	0.78		<b>10:08.60</b>	+36.74
	50m: 33.42		100m: 1:10.81 (37.39)			150m: 1:48.61 (37.80)	200m: 2:26.75 (38.14)
	250m: 3:04.61 (37.86)		300m: 3:42.67 (38.06)			350m: 4:20.98 (38.31)	400m: 4:59.50 (38.52)
	450m: 5:38.57 (39.07)		500m: 6:17.04 (38.47)			550m: 6:55.77 (38.73)	600m: 7:34.78 (39.01)
	650m: 8:13.40 (38.62)		700m: 8:52.03 (38.63)			750m: 9:30.62 (38.59)	800m: 10:08.60 (37.98)
<b>8</b>	<b>Felicia Jönsson</b>		2009 Helsingborgs Simsällskap			<b>10:21.26</b>	+49.40
	50m: 36.52		100m: 1:16.07 (39.55)			150m: 1:56.54 (40.47)	200m: 2:36.83 (40.29)
	250m: 3:16.45 (39.62)		300m: 3:55.78 (39.33)			350m: 4:34.88 (39.10)	400m: 5:13.89 (39.01)
	450m: 5:52.48 (38.59)		500m: 6:30.28 (37.80)			550m: 7:08.18 (37.90)	600m: 7:46.64 (38.46)
	650m: 8:25.91 (39.27)		700m: 9:05.08 (39.17)			750m: 9:43.61 (38.53)	800m: 10:21.26 (37.65)
<b>9</b>	<b>Estelle Johansson</b>		2010 Helsingborgs Simsällskap			<b>10:21.57</b>	+49.71
	50m: 33.98		100m: 1:11.30 (37.32)			150m: 1:49.70 (38.40)	200m: 2:28.33 (38.63)
	250m: 3:07.50 (39.17)		300m: 3:47.01 (39.51)			350m: 4:26.33 (39.32)	400m: 5:06.27 (39.94)
	450m: 5:46.74 (40.47)		500m: 6:27.30 (40.56)			550m: 7:07.35 (40.05)	600m: 7:47.24 (39.89)
	650m: 8:26.65 (39.41)		700m: 9:05.93 (39.28)			750m: 9:44.82 (38.89)	800m: 10:21.57 (36.75)
<b>10</b>	<b>Agnes Nordanstig</b>		2009 Helsingborgs Simsällskap			<b>10:31.32</b>	+59.46
	50m: 36.08		100m: 1:15.50 (39.42)			150m: 1:56.56 (41.06)	200m: 2:37.24 (40.68)
	250m: 3:18.27 (41.03)		300m: 3:58.20 (39.93)			350m: 4:38.30 (40.10)	400m: 5:18.57 (40.27)
	450m: 5:58.52 (39.95)		500m: 6:38.92 (40.40)			550m: 7:19.14 (40.22)	600m: 7:59.68 (40.54)
	650m: 8:38.53 (38.85)		700m: 9:17.62 (39.09)			750m: 9:55.53 (37.91)	800m: 10:31.32 (35.79)
<b>11</b>	<b>Elin Haugen</b>		2009 Helsingborgs Simsällskap			<b>10:38.32</b>	+1:06.46
	50m: 35.77		100m: 1:15.42 (39.65)			150m: 1:55.59 (40.17)	200m: 2:35.77 (40.18)
	250m: 3:16.29 (40.52)		300m: 3:56.94 (40.65)			350m: 4:37.62 (40.68)	400m: 5:18.31 (40.69)
	450m: 5:58.93 (40.62)		500m: 6:39.71 (40.78)			550m: 7:19.98 (40.27)	600m: 7:59.66 (39.68)
	650m: 8:39.22 (39.56)		700m: 9:19.41 (40.19)			750m: 9:59.27 (39.86)	800m: 10:38.32 (39.05)
<b>12</b>	<b>Alva Eskilsson</b>		2010 Helsingborgs Simsällskap	0.69		<b>10:38.55</b>	+1:06.69
	50m: 34.37		100m: 1:11.91 (37.54)			150m: 1:50.73 (38.82)	200m: 2:30.39 (39.66)
	250m: 3:10.12 (39.73)		300m: 3:50.61 (40.49)			350m: 4:32.02 (41.41)	400m: 5:12.73 (40.71)
	450m: 5:53.82 (41.09)		500m: 6:35.85 (42.03)			550m: 7:16.69 (40.84)	600m: 7:57.79 (41.10)
	650m: 8:38.72 (40.93)		700m: 9:18.91 (40.19)			750m: 9:59.47 (40.56)	800m: 10:38.55 (39.08)
<b>13</b>	<b>Sanna Bankert</b>		2008 Helsingborgs Simsällskap	0.73		<b>10:41.93</b>	+1:10.07
	50m: 36.56		100m: 1:16.55 (39.99)			150m: 1:56.92 (40.37)	200m: 2:37.54 (40.62)
	250m: 3:17.77 (40.23)		300m: 3:58.27 (40.50)			350m: 4:38.53 (40.26)	400m: 5:19.53 (41.00)
	450m: 6:00.09 (40.56)		500m: 6:40.68 (40.59)			550m: 7:21.64 (40.96)	600m: 8:02.43 (40.79)
	650m: 8:42.47 (40.04)		700m: 9:23.10 (40.63)			750m: 10:03.02 (39.92)	800m: 10:41.93 (38.91)
<b>14</b>	<b>Astrid Fältman</b>		2010 Helsingborgs Simsällskap			<b>10:47.83</b>	+1:15.97
	50m: 35.67		100m: 1:15.84 (40.17)			150m: 1:58.06 (42.22)	200m: 2:40.65 (42.59)
	250m: 3:22.97 (42.32)		300m: 4:05.98 (43.01)			350m: 4:47.67 (41.69)	400m: 5:30.01 (42.34)
	450m: 6:10.89 (40.88)		500m: 6:50.99 (40.10)			550m: 7:31.84 (40.85)	600m: 8:12.23 (40.39)
	650m: 8:53.07 (40.84)		700m: 9:32.18 (39.11)			750m: 10:10.81 (38.63)	800m: 10:47.83 (37.02)
<b>15</b>	<b>Alma Nilsson</b>		2009 Helsingborgs Simsällskap	0.79		<b>10:57.15</b>	+1:25.29
	50m: 38.25		100m: 1:19.74 (41.49)			150m: 2:02.20 (42.46)	200m: 2:44.92 (42.72)
	250m: 3:27.47 (42.55)		300m: 4:09.19 (41.72)			350m: 4:51.96 (42.77)	400m: 5:33.97 (42.01)
	450m: 6:15.63 (41.66)		500m: 6:56.90 (41.27)			550m: 7:36.98 (40.08)	600m: 8:17.87 (40.89)
	650m: 8:58.12 (40.25)		700m: 9:38.68 (40.56)			750m: 10:18.60 (39.92)	800m: 10:57.15 (38.55)
<b>16</b>	<b>Daniella Nilsson</b>		2009 Helsingborgs Simsällskap	0.87		<b>10:59.44</b>	+1:27.58
	50m: 37.14		100m: 1:19.40 (42.26)			150m: 2:01.96 (42.56)	200m: 2:44.32 (42.36)
	250m: 3:26.78 (42.46)		300m: 4:08.63 (41.85)			350m: 4:50.85 (42.22)	400m: 5:33.12 (42.27)
	450m: 6:15.18 (42.06)		500m: 6:56.88 (41.70)			550m: 7:38.59 (41.71)	600m: 8:19.72 (41.13)
	650m: 9:00.90 (41.18)		700m: 9:41.93 (41.03)			750m: 10:21.79 (39.86)	800m: 10:59.44 (37.65)
<b>17</b>	<b>Elsa Magnander</b>		2010 Helsingborgs Simsällskap	0.75		<b>11:01.49</b>	+1:29.63
	50m: 36.57		100m: 1:18.20 (41.63)			150m: 2:00.20 (42.00)	200m: 2:42.13 (41.93)
	250m: 3:25.00 (42.87)		300m: 4:07.13 (42.13)			350m: 4:50.35 (43.22)	400m: 5:31.27 (40.92)
	450m: 6:13.69 (42.42)		500m: 6:55.45 (41.76)			550m: 7:36.62 (41.17)	600m: 8:18.14 (41.52)
	650m: 9:00.16 (42.02)		700m: 9:41.44 (41.28)			750m: 10:22.93 (41.49)	800m: 11:01.49 (38.56)
<b>18</b>	<b>Greta Sandell</b>		2009 Helsingborgs Simsällskap			<b>11:12.62</b>	+1:40.76
	50m: 36.99		100m: 1:19.27 (42.28)			150m: 2:02.81 (43.54)	200m: 2:46.40 (43.59)
	250m: 3:29.60 (43.20)		300m: 4:12.85 (43.25)			350m: 4:56.25 (43.40)	400m: 5:39.82 (43.57)
	450m: 6:22.47 (42.65)		500m: 7:05.39 (42.92)			550m: 7:48.37 (42.98)	600m: 8:30.69 (42.32)
	650m: 9:11.94 (41.25)		700m: 9:52.81 (40.87)			750m: 10:33.79 (40.98)	800m: 11:12.62 (38.83)

# Resultat

## Gren 4, 800m Frisim Damer - Final

Plac	Namn	Född	Förening	R.T.	AQU	Tid	Diff	
<b>19</b>	<b>Nellie Bertelsen Borg</b>		2011 Helsingborgs Simsällskap	0.66		<b>11:13.73</b>	+1:41.87	
	50m: 37.47	100m: 1:19.56	(42.09)	150m: 2:03.21	(43.65)	200m: 2:46.67	(43.46)	
	250m: 3:29.22	(42.55)	300m: 4:11.29	(42.07)	350m: 4:53.67	(42.38)	400m: 5:36.08	(42.41)
	450m: 6:18.52	(42.44)	500m: 7:01.35	(42.83)	550m: 7:44.12	(42.77)	600m: 8:26.11	(41.99)
	650m: 9:08.84	(42.73)	700m: 9:52.22	(43.38)	750m: 10:33.76	(41.54)	800m: 11:13.73	(39.97)
<b>20</b>	<b>Noelle Roslind</b>		2011 Helsingborgs Simsällskap			<b>11:15.34</b>	+1:43.48	
	50m: 35.75	100m: 1:16.45	(40.70)	150m: 1:58.61	(42.16)	200m: 2:40.91	(42.30)	
	250m: 3:23.58	(42.67)	300m: 4:06.08	(42.50)	350m: 4:48.17	(42.09)	400m: 5:30.92	(42.75)
	450m: 6:12.54	(41.62)	500m: 6:55.61	(43.07)	550m: 7:39.10	(43.49)	600m: 8:22.60	(43.50)
	650m: 9:07.01	(44.41)	700m: 9:50.44	(43.43)	750m: 10:33.91	(43.47)	800m: 11:15.34	(41.43)
<b>21</b>	<b>Alice Levin</b>		2011 Helsingborgs Simsällskap			<b>11:28.92</b>	+1:57.06	
	50m: 37.99	100m: 1:20.18	(42.19)	150m: 2:04.48	(44.30)	200m: 2:48.15	(43.67)	
	250m: 3:31.69	(43.54)	300m: 4:15.67	(43.98)	350m: 5:00.45	(44.78)	400m: 5:44.44	(43.99)
	450m: 6:28.21	(43.77)	500m: 7:12.16	(43.95)	550m: 7:55.91	(43.75)	600m: 8:39.62	(43.71)
	650m: 9:23.18	(43.56)	700m: 10:07.83	(44.65)	750m: 10:49.48	(41.65)	800m: 11:28.92	(39.44)
<b>22</b>	<b>Moa Thorén</b>		2011 Helsingborgs Simsällskap			<b>11:34.63</b>	+2:02.77	
	50m: 38.52	100m: 1:21.44	(42.92)	150m: 2:05.27	(43.83)	200m: 2:50.36	(46.09)	
	250m: 3:34.84	(44.48)	300m: 4:19.23	(44.39)	350m: 5:04.56	(45.33)	400m: 5:48.81	(44.25)
	450m: 6:32.62	(43.81)	500m: 7:17.19	(44.57)	550m: 8:00.68	(43.49)	600m: 8:44.74	(44.06)
	650m: 9:29.05	(44.31)	700m: 10:12.54	(43.49)	750m: 10:54.84	(42.30)	800m: 11:34.63	(39.79)
<b>23</b>	<b>Elvira Sandberg</b>		2011 Helsingborgs Simsällskap			<b>12:03.91</b>	+2:32.05	
	50m: 38.90	100m: 1:23.48	(44.58)	150m: 2:09.86	(46.38)	200m: 2:56.35	(46.49)	
	250m: 3:43.55	(47.20)	300m: 4:29.47	(45.92)	350m: 5:16.72	(47.25)	400m: 6:02.27	(45.55)
	450m: 6:49.16	(46.89)	500m: 7:35.27	(46.11)	550m: 8:21.30	(46.03)	600m: 9:06.90	(45.60)
	650m: 9:53.48	(46.58)	700m: 10:38.33	(44.85)	750m: 11:23.72	(45.39)	800m: 12:03.91	(40.19)
<b>24</b>	<b>Meja Sandin</b>		2011 Helsingborgs Simsällskap	0.78		<b>12:09.62</b>	+2:37.76	
	50m: 38.90	100m: 1:23.36	(44.46)	150m: 2:09.99	(46.63)	200m: 2:56.80	(46.81)	
	250m: 3:43.12	(46.32)	300m: 4:29.93	(46.81)	350m: 5:16.61	(46.68)	400m: 6:03.66	(47.05)
	450m: 6:51.48	(47.82)	500m: 7:37.66	(46.18)	550m: 8:24.65	(46.99)	600m: 9:10.34	(45.69)
	650m: 9:55.41	(45.07)	700m: 10:41.86	(46.45)	750m: 11:27.47	(45.61)	800m: 12:09.62	(42.15)
<b>25</b>	<b>Elin Stråle</b>		2011 Helsingborgs Simsällskap	0.76		<b>12:23.24</b>	+2:51.38	
	50m: 38.70	100m: 1:24.24	(45.54)	150m: 2:10.93	(46.69)	200m: 2:57.43	(46.50)	
	250m: 3:44.12	(46.69)	300m: 4:31.35	(47.23)	350m: 5:18.97	(47.62)	400m: 6:06.42	(47.45)
	450m: 6:55.23	(48.81)	500m: 7:42.61	(47.38)	550m: 8:31.12	(48.51)	600m: 9:18.34	(47.22)
	650m: 10:06.46	(48.12)	700m: 10:53.87	(47.41)	750m: 11:40.21	(46.34)	800m: 12:23.24	(43.03)
<b>=0</b>	<b>Sanna Bankert</b>		2008 Helsingborgs Simsällskap	0.73		<b>10:41.93</b>	+1:10.07	
	50m: 36.56	100m: 1:16.55	(39.99)	150m: 1:56.92	(40.37)	200m: 2:37.54	(40.62)	
	250m: 3:17.77	(40.23)	300m: 3:58.27	(40.50)	350m: 4:38.53	(40.26)	400m: 5:19.53	(41.00)
	450m: 6:00.09	(40.56)	500m: 6:40.68	(40.59)	550m: 7:21.64	(40.96)	600m: 8:02.43	(40.79)
	650m: 8:42.47	(40.04)	700m: 9:23.10	(40.63)	750m: 10:03.02	(39.92)	800m: 10:41.93	(38.91)
<b>=0</b>	<b>Laura Bartolek</b>		2010 Helsingborgs Simsällskap	0.96		<b>10:01.56</b>	+29.70	
	50m: 33.62	100m: 1:10.33	(36.71)	150m: 1:48.13	(37.80)	200m: 2:26.41	(38.28)	
	250m: 3:04.60	(38.19)	300m: 3:42.10	(37.50)	350m: 4:20.44	(38.34)	400m: 4:58.52	(38.08)
	450m: 5:37.15	(38.63)	500m: 6:15.37	(38.22)	550m: 6:52.97	(37.60)	600m: 7:31.09	(38.12)
	650m: 8:08.96	(37.87)	700m: 8:47.06	(38.10)	750m: 9:24.88	(37.82)	800m: 10:01.56	(36.68)
<b>=0</b>	<b>Kajsa Berg</b>		2009 Helsingborgs Simsällskap	0.78		<b>10:08.60</b>	+36.74	
	50m: 33.42	100m: 1:10.81	(37.39)	150m: 1:48.61	(37.80)	200m: 2:26.75	(38.14)	
	250m: 3:04.61	(37.86)	300m: 3:42.67	(38.06)	350m: 4:20.98	(38.31)	400m: 4:59.50	(38.52)
	450m: 5:38.57	(39.07)	500m: 6:17.04	(38.47)	550m: 6:55.77	(38.73)	600m: 7:34.78	(39.01)
	650m: 8:13.40	(38.62)	700m: 8:52.03	(38.63)	750m: 9:30.62	(38.59)	800m: 10:08.60	(37.98)
<b>=0</b>	<b>Nellie Bertelsen Borg</b>		2011 Helsingborgs Simsällskap	0.66		<b>11:13.73</b>	+1:41.87	
	50m: 37.47	100m: 1:19.56	(42.09)	150m: 2:03.21	(43.65)	200m: 2:46.67	(43.46)	
	250m: 3:29.22	(42.55)	300m: 4:11.29	(42.07)	350m: 4:53.67	(42.38)	400m: 5:36.08	(42.41)
	450m: 6:18.52	(42.44)	500m: 7:01.35	(42.83)	550m: 7:44.12	(42.77)	600m: 8:26.11	(41.99)
	650m: 9:08.84	(42.73)	700m: 9:52.22	(43.38)	750m: 10:33.76	(41.54)	800m: 11:13.73	(39.97)
<b>=0</b>	<b>Nefeli Blithikiotis</b>		2011 Helsingborgs Simsällskap			<b>9:42.54</b>	+10.68	
	50m: 33.69	100m: 1:10.20	(36.51)	150m: 1:46.45	(36.25)	200m: 2:23.49	(37.04)	
	250m: 2:59.83	(36.34)	300m: 3:36.82	(36.99)	350m: 4:13.19	(36.37)	400m: 4:49.97	(36.78)
	450m: 5:26.82	(36.85)	500m: 6:03.67	(36.85)	550m: 6:40.98	(37.31)	600m: 7:17.81	(36.83)
	650m: 7:54.49	(36.68)	700m: 8:31.75	(37.26)	750m: 9:08.62	(36.87)	800m: 9:42.54	(33.92)
<b>=0</b>	<b>Alva Eskilsson</b>		2010 Helsingborgs Simsällskap	0.69		<b>10:38.55</b>	+1:06.69	
	50m: 34.37	100m: 1:11.91	(37.54)	150m: 1:50.73	(38.82)	200m: 2:30.39	(39.66)	
	250m: 3:10.12	(39.73)	300m: 3:50.61	(40.49)	350m: 4:32.02	(41.41)	400m: 5:12.73	(40.71)
	450m: 5:53.82	(41.09)	500m: 6:35.85	(42.03)	550m: 7:16.69	(40.84)	600m: 7:57.79	(41.10)
	650m: 8:38.72	(40.93)	700m: 9:18.91	(40.19)	750m: 9:59.47	(40.56)	800m: 10:38.55	(39.08)
<b>=0</b>	<b>Astrid Fältman</b>		2010 Helsingborgs Simsällskap			<b>10:47.83</b>	+1:15.97	
	50m: 35.67	100m: 1:15.84	(40.17)	150m: 1:58.06	(42.22)	200m: 2:40.65	(42.59)	
	250m: 3:22.97	(42.32)	300m: 4:05.98	(43.01)	350m: 4:47.67	(41.69)	400m: 5:30.01	(42.34)
	450m: 6:10.89	(40.88)	500m: 6:50.99	(40.10)	550m: 7:31.84	(40.85)	600m: 8:12.23	(40.39)
	650m: 8:53.07	(40.84)	700m: 9:32.18	(39.11)	750m: 10:10.81	(38.63)	800m: 10:47.83	(37.02)

# Resultat

## Gren 4, 800m Frisim Damer - Final

Plac	Namn	Född	Förening	R.T.	AQU	Tid	Diff	
=0	<b>Elin Haugen</b>		2009 Helsingborgs Simsällskap			<b>10:38.32</b>	+1:06.46	
	50m: 35.77	100m: 1:15.42	(39.65)	150m: 1:55.59	(40.17)	200m: 2:35.77	(40.18)	
	250m: 3:16.29	(40.52)	300m: 3:56.94	(40.65)	350m: 4:37.62	(40.68)	400m: 5:18.31	(40.69)
	450m: 5:58.93	(40.62)	500m: 6:39.71	(40.78)	550m: 7:19.98	(40.27)	600m: 7:59.66	(39.68)
	650m: 8:39.22	(39.56)	700m: 9:19.41	(40.19)	750m: 9:59.27	(39.86)	800m: 10:38.32	(39.05)
=0	<b>Estelle Johansson</b>		2010 Helsingborgs Simsällskap			<b>10:21.57</b>	+49.71	
	50m: 33.98	100m: 1:11.30	(37.32)	150m: 1:49.70	(38.40)	200m: 2:28.33	(38.63)	
	250m: 3:07.50	(39.17)	300m: 3:47.01	(39.51)	350m: 4:26.33	(39.32)	400m: 5:06.27	(39.94)
	450m: 5:46.74	(40.47)	500m: 6:27.30	(40.56)	550m: 7:07.35	(40.05)	600m: 7:47.24	(39.89)
	650m: 8:26.65	(39.41)	700m: 9:05.93	(39.28)	750m: 9:44.82	(38.89)	800m: 10:21.57	(36.75)
=0	<b>Ebba Jönsson</b>		2005 Helsingborgs Simsällskap	0.86		<b>9:31.86</b>	=	
	50m: 32.33	100m: 1:07.98	(35.65)	150m: 1:44.14	(36.16)	200m: 2:20.08	(35.94)	
	250m: 2:55.34	(35.26)	300m: 3:30.98	(35.64)	350m: 4:06.93	(35.95)	400m: 4:42.83	(35.90)
	450m: 5:18.71	(35.88)	500m: 5:54.63	(35.92)	550m: 6:30.85	(36.22)	600m: 7:06.86	(36.01)
	650m: 7:42.87	(36.01)	700m: 8:19.44	(36.57)	750m: 8:56.52	(37.08)	800m: 9:31.86	(35.34)
=0	<b>Felicia Jönsson</b>		2009 Helsingborgs Simsällskap			<b>10:21.26</b>	+49.40	
	50m: 36.52	100m: 1:16.07	(39.55)	150m: 1:56.54	(40.47)	200m: 2:36.83	(40.29)	
	250m: 3:16.45	(39.62)	300m: 3:55.78	(39.33)	350m: 4:34.88	(39.10)	400m: 5:13.89	(39.01)
	450m: 5:52.48	(38.59)	500m: 6:30.28	(37.80)	550m: 7:08.18	(37.90)	600m: 7:46.64	(38.46)
	650m: 8:25.91	(39.27)	700m: 9:05.08	(39.17)	750m: 9:43.61	(38.53)	800m: 10:21.26	(37.65)
=0	<b>Alice Levin</b>		2011 Helsingborgs Simsällskap			<b>11:28.92</b>	+1:57.06	
	50m: 37.99	100m: 1:20.18	(42.19)	150m: 2:04.48	(44.30)	200m: 2:48.15	(43.67)	
	250m: 3:31.69	(43.54)	300m: 4:15.67	(43.98)	350m: 5:00.45	(44.78)	400m: 5:44.44	(43.99)
	450m: 6:28.21	(43.77)	500m: 7:12.16	(43.95)	550m: 7:55.91	(43.75)	600m: 8:39.62	(43.71)
	650m: 9:23.18	(43.56)	700m: 10:07.83	(44.65)	750m: 10:49.48	(41.65)	800m: 11:28.92	(39.44)
=0	<b>Elsa Magnander</b>		2010 Helsingborgs Simsällskap	0.75		<b>11:01.49</b>	+1:29.63	
	50m: 36.57	100m: 1:18.20	(41.63)	150m: 2:00.20	(42.00)	200m: 2:42.13	(41.93)	
	250m: 3:25.00	(42.87)	300m: 4:07.13	(42.13)	350m: 4:50.35	(43.22)	400m: 5:31.27	(40.92)
	450m: 6:13.69	(42.42)	500m: 6:55.45	(41.76)	550m: 7:36.62	(41.17)	600m: 8:18.14	(41.52)
	650m: 9:00.16	(42.02)	700m: 9:41.44	(41.28)	750m: 10:22.93	(41.49)	800m: 11:01.49	(38.56)
=0	<b>Alma Nilsson</b>		2009 Helsingborgs Simsällskap	0.79		<b>10:57.15</b>	+1:25.29	
	50m: 38.25	100m: 1:19.74	(41.49)	150m: 2:02.20	(42.46)	200m: 2:44.92	(42.72)	
	250m: 3:27.47	(42.55)	300m: 4:09.19	(41.72)	350m: 4:51.96	(42.77)	400m: 5:33.97	(42.01)
	450m: 6:15.63	(41.66)	500m: 6:56.90	(41.27)	550m: 7:36.98	(40.08)	600m: 8:17.87	(40.89)
	650m: 8:58.12	(40.25)	700m: 9:38.68	(40.56)	750m: 10:18.60	(39.92)	800m: 10:57.15	(38.55)
=0	<b>Daniella Nilsson</b>		2009 Helsingborgs Simsällskap	0.87		<b>10:59.44</b>	+1:27.58	
	50m: 37.14	100m: 1:19.40	(42.26)	150m: 2:01.96	(42.56)	200m: 2:44.32	(42.36)	
	250m: 3:26.78	(42.46)	300m: 4:08.63	(41.85)	350m: 4:50.85	(42.22)	400m: 5:33.12	(42.27)
	450m: 6:15.18	(42.06)	500m: 6:56.88	(41.70)	550m: 7:38.59	(41.71)	600m: 8:19.72	(41.13)
	650m: 9:00.90	(41.18)	700m: 9:41.93	(41.03)	750m: 10:21.79	(39.86)	800m: 10:59.44	(37.65)
=0	<b>Ellinor Nilsson</b>		2009 Helsingborgs Simsällskap	0.73		<b>9:49.00</b>	+17.14	
	50m: 32.43	100m: 1:08.32	(35.89)	150m: 1:45.48	(37.16)	200m: 2:22.81	(37.33)	
	250m: 3:00.20	(37.39)	300m: 3:37.45	(37.25)	350m: 4:15.37	(37.92)	400m: 4:52.75	(37.38)
	450m: 5:30.90	(38.15)	500m: 6:08.31	(37.41)	550m: 6:45.99	(37.68)	600m: 7:23.36	(37.37)
	650m: 8:01.07	(37.71)	700m: 8:38.48	(37.41)	750m: 9:15.19	(36.71)	800m: 9:49.00	(33.81)
=0	<b>Agnes Nordanstig</b>		2009 Helsingborgs Simsällskap			<b>10:31.32</b>	+59.46	
	50m: 36.08	100m: 1:15.50	(39.42)	150m: 1:56.56	(41.06)	200m: 2:37.24	(40.68)	
	250m: 3:18.27	(41.03)	300m: 3:58.20	(39.93)	350m: 4:38.30	(40.10)	400m: 5:18.57	(40.27)
	450m: 5:58.52	(39.95)	500m: 6:38.92	(40.40)	550m: 7:19.14	(40.22)	600m: 7:59.68	(40.54)
	650m: 8:38.53	(38.85)	700m: 9:17.62	(39.09)	750m: 9:55.53	(37.91)	800m: 10:31.32	(35.79)
=0	<b>Noelle Roslind</b>		2011 Helsingborgs Simsällskap			<b>11:15.34</b>	+1:43.48	
	50m: 35.75	100m: 1:16.45	(40.70)	150m: 1:58.61	(42.16)	200m: 2:40.91	(42.30)	
	250m: 3:23.58	(42.67)	300m: 4:06.08	(42.50)	350m: 4:48.17	(42.09)	400m: 5:30.92	(42.75)
	450m: 6:12.54	(41.62)	500m: 6:55.61	(43.07)	550m: 7:39.10	(43.49)	600m: 8:22.60	(43.50)
	650m: 9:07.01	(44.41)	700m: 9:50.44	(43.43)	750m: 10:33.91	(43.47)	800m: 11:15.34	(41.43)
=0	<b>Elvira Sandberg</b>		2011 Helsingborgs Simsällskap			<b>12:03.91</b>	+2:32.05	
	50m: 38.90	100m: 1:23.48	(44.58)	150m: 2:09.86	(46.38)	200m: 2:56.35	(46.49)	
	250m: 3:43.55	(47.20)	300m: 4:29.47	(45.92)	350m: 5:16.72	(47.25)	400m: 6:02.27	(45.55)
	450m: 6:49.16	(46.89)	500m: 7:35.27	(46.11)	550m: 8:21.30	(46.03)	600m: 9:06.90	(45.60)
	650m: 9:53.48	(46.58)	700m: 10:38.33	(44.85)	750m: 11:23.72	(45.39)	800m: 12:03.91	(40.19)
=0	<b>Greta Sandell</b>		2009 Helsingborgs Simsällskap			<b>11:12.62</b>	+1:40.76	
	50m: 36.99	100m: 1:19.27	(42.28)	150m: 2:02.81	(43.54)	200m: 2:46.40	(43.59)	
	250m: 3:29.60	(43.20)	300m: 4:12.85	(43.25)	350m: 4:56.25	(43.40)	400m: 5:39.82	(43.57)
	450m: 6:22.47	(42.65)	500m: 7:05.39	(42.92)	550m: 7:48.37	(42.98)	600m: 8:30.69	(42.32)
	650m: 9:11.94	(41.25)	700m: 9:52.81	(40.87)	750m: 10:33.79	(40.98)	800m: 11:12.62	(38.83)
=0	<b>Meja Sandin</b>		2011 Helsingborgs Simsällskap	0.78		<b>12:09.62</b>	+2:37.76	
	50m: 38.90	100m: 1:23.36	(44.46)	150m: 2:09.99	(46.63)	200m: 2:56.80	(46.81)	
	250m: 3:43.12	(46.32)	300m: 4:29.93	(46.81)	350m: 5:16.61	(46.68)	400m: 6:03.66	(47.05)
	450m: 6:51.48	(47.82)	500m: 7:37.66	(46.18)	550m: 8:24.65	(46.99)	600m: 9:10.34	(45.69)
	650m: 9:55.41	(45.07)	700m: 10:41.86	(46.45)	750m: 11:27.47	(45.61)	800m: 12:09.62	(42.15)

# Resultat

## Gren 4, 800m Frisim Damer - Final

Plac	Namn	Född	Förening	R.T.	AQU	Tid	Diff	
<b>=0</b>	<b>Tilda Stenmark</b>		2007 Helsingborgs Simsällskap	<b>0.73</b>		<b>9:46.45</b>	<b>+14.59</b>	
	50m: 32.99	100m: 1:09.95	(36.96)	150m: 1:47.38	(37.43)	200m: 2:24.52	(37.14)	
	250m: 3:01.50	(36.98)	300m: 3:38.81	(37.31)	350m: 4:16.23	(37.42)	400m: 4:53.72	(37.49)
	450m: 5:30.81	(37.09)	500m: 6:07.87	(37.06)	550m: 6:45.03	(37.16)	600m: 7:22.33	(37.30)
	650m: 7:58.56	(36.23)	700m: 8:35.25	(36.69)	750m: 9:11.78	(36.53)	800m: 9:46.45	(34.67)
<b>=0</b>	<b>Elin Stråle</b>		2011 Helsingborgs Simsällskap	<b>0.76</b>		<b>12:23.24</b>	<b>+2:51.38</b>	
	50m: 38.70	100m: 1:24.24	(45.54)	150m: 2:10.93	(46.69)	200m: 2:57.43	(46.50)	
	250m: 3:44.12	(46.69)	300m: 4:31.35	(47.23)	350m: 5:18.97	(47.62)	400m: 6:06.42	(47.45)
	450m: 6:55.23	(48.81)	500m: 7:42.61	(47.38)	550m: 8:31.12	(48.51)	600m: 9:18.34	(47.22)
	650m: 10:06.46	(48.12)	700m: 10:53.87	(47.41)	750m: 11:40.21	(46.34)	800m: 12:23.24	(43.03)
<b>=0</b>	<b>Dehliä Svensson</b>		2007 Helsingborgs Simsällskap	<b>0.75</b>		<b>9:48.00</b>	<b>+16.14</b>	
	50m: 33.01	100m: 1:09.23	(36.22)	150m: 1:45.73	(36.50)	200m: 2:22.30	(36.57)	
	250m: 2:58.42	(36.12)	300m: 3:34.59	(36.17)	350m: 4:11.50	(36.91)	400m: 4:48.71	(37.21)
	450m: 5:26.00	(37.29)	500m: 6:03.11	(37.11)	550m: 6:40.01	(36.90)	600m: 7:17.70	(37.69)
	650m: 7:54.80	(37.10)	700m: 8:32.91	(38.11)	750m: 9:11.01	(38.10)	800m: 9:48.00	(36.99)
<b>0</b>	<b>Moa Thorén</b>		2011 Helsingborgs Simsällskap			<b>11:34.63</b>	<b>+2:02.77</b>	
	50m: 38.52	100m: 1:21.44	(42.92)	150m: 2:05.27	(43.83)	200m: 2:50.36	(45.09)	
	250m: 3:34.84	(44.48)	300m: 4:19.23	(44.39)	350m: 5:04.56	(45.33)	400m: 5:48.81	(44.25)
	450m: 6:32.62	(43.81)	500m: 7:17.19	(44.57)	550m: 8:00.68	(43.49)	600m: 8:44.74	(44.06)
	650m: 9:29.05	(44.31)	700m: 10:12.54	(43.49)	750m: 10:54.84	(42.30)	800m: 11:34.63	(39.79)

Grenen officiell: 2024-03-18 19:19:23