

Resultat

Distanscupen 4 2024

Plats:
Bassäng: 25m

Arrangör: Helsingborgs Simsällskap
Tävlingsdatum: den 6 maj 2024 till den 6 maj 2024

Gren 7, 400m Frisim Damer - Final

Plac	Namn	Född	Förening	R.T.	AQU	Tid	Diff
1	Kerstin Cederlund		2006 Helsingborgs Simsällskap	0.71	587	4:36.24	
	50m: 32.49	100m: 1:07.66	(35.17)	150m: 1:42.40	(34.74)	200m: 2:17.47	(35.07)
	250m: 2:52.64	300m: 3:28.29	(35.65)	350m: 4:02.87	(34.58)	400m: 4:36.24	(33.37)
2	Dehlia Svensson		2007 Helsingborgs Simsällskap	0.85	585	4:36.47	+0.23
	50m: 32.40	100m: 1:07.10	(34.70)	150m: 1:42.32	(35.22)	200m: 2:17.37	(35.05)
	250m: 2:52.67	300m: 3:27.82	(35.15)	350m: 4:02.74	(34.92)	400m: 4:36.47	(33.73)
3	Ebba Jönsson		2005 Helsingborgs Simsällskap	0.78	572	4:38.63	+2.39
	50m: 32.78	100m: 1:08.16	(35.38)	150m: 1:43.50	(35.34)	200m: 2:18.89	(35.39)
	250m: 2:54.12	300m: 3:29.33	(35.21)	350m: 4:04.27	(34.94)	400m: 4:38.63	(34.36)
4	Nefeli Blithikiotis		2011 Helsingborgs Simsällskap	0.67	555	4:41.41	+5.17
	50m: 31.52	100m: 1:05.63	(34.11)	150m: 1:40.67	(35.04)	200m: 2:16.44	(35.77)
	250m: 2:52.52	300m: 3:28.74	(36.22)	350m: 4:05.38	(36.64)	400m: 4:41.41	(36.03)
5	Tilda Stenmark		2007 Helsingborgs Simsällskap	0.70	535	4:44.91	+8.67
	50m: 31.57	100m: 1:07.83	(36.26)	150m: 1:44.51	(36.68)	200m: 2:20.95	(36.44)
	250m: 2:57.44	300m: 3:33.47	(36.03)	350m: 4:09.84	(36.37)	400m: 4:44.91	(35.07)
6	Hilda Hou Vasiliagou		2006 Helsingborgs Simsällskap	0.68	534	4:45.08	+8.84
	50m: 32.81	100m: 1:08.71	(35.90)	150m: 1:44.97	(36.26)	200m: 2:21.23	(36.26)
	250m: 2:57.12	300m: 3:33.59	(36.47)	350m: 4:09.90	(36.31)	400m: 4:45.08	(35.18)
7	Ellinor Nilsson		2009 Helsingborgs Simsällskap	0.65	526	4:46.51	+10.27
	50m: 32.89	100m: 1:09.19	(36.30)	150m: 1:45.41	(36.22)	200m: 2:22.02	(36.61)
	250m: 2:58.73	300m: 3:35.35	(36.62)	350m: 4:11.93	(36.58)	400m: 4:46.51	(34.58)
8	Alice Christensen		2008 Helsingborgs Simsällskap	0.79	522	4:47.25	+11.01
	50m: 33.08	100m: 1:09.20	(36.12)	150m: 1:45.86	(36.66)	200m: 2:22.44	(36.58)
	250m: 2:59.25	300m: 3:35.72	(36.47)	350m: 4:12.10	(36.38)	400m: 4:47.25	(35.15)
9	Freja Malmgren		2007 Helsingborgs Simsällskap	0.64	515	4:48.46	+12.22
	50m: 32.53	100m: 1:09.29	(36.76)	150m: 1:46.21	(36.92)	200m: 2:23.20	(36.99)
	250m: 2:59.63	300m: 3:36.14	(36.51)	350m: 4:12.98	(36.84)	400m: 4:48.46	(35.48)
10	Siri Fältman		2008 Helsingborgs Simsällskap	0.74	489	4:53.46	+17.22
	50m: 33.46	100m: 1:10.96	(37.50)	150m: 1:48.64	(37.68)	200m: 2:26.80	(38.16)
	250m: 3:03.84	300m: 3:40.92	(37.08)	350m: 4:17.58	(36.66)	400m: 4:53.46	(35.88)
11	Kajsa Berg		2009 Helsingborgs Simsällskap	0.80	478	4:55.68	+19.44
	50m: 33.58	100m: 1:10.28	(36.70)	150m: 1:47.58	(37.30)	200m: 2:25.40	(37.82)
	250m: 3:02.88	300m: 3:40.70	(37.82)	350m: 4:18.52	(37.82)	400m: 4:55.68	(37.16)
12	Estelle Johansson		2010 Helsingborgs Simsällskap	0.52	471	4:57.08	+20.84
	50m: 32.80	100m: 1:10.64	(37.84)	150m: 1:48.38	(37.74)	200m: 2:26.55	(38.17)
	250m: 3:04.28	300m: 3:42.26	(37.98)	350m: 4:20.50	(38.24)	400m: 4:57.08	(36.58)
13	Felicia Jönsson		2009 Helsingborgs Simsällskap	0.68	461	4:59.35	+23.11
	50m: 34.11	100m: 1:11.84	(37.73)	150m: 1:49.92	(38.08)	200m: 2:28.37	(38.45)
	250m: 3:06.26	300m: 3:44.49	(38.23)	350m: 4:22.45	(37.96)	400m: 4:59.35	(36.90)
14	Alva Eskilsson		2010 Helsingborgs Simsällskap	0.66	423	5:08.10	+31.86
	50m: 33.49	100m: 1:11.93	(38.44)	150m: 1:51.13	(39.20)	200m: 2:30.68	(39.55)
	250m: 3:09.89	300m: 3:50.24	(40.35)	350m: 4:29.57	(39.33)	400m: 5:08.10	(38.53)
15	Sanna Bankert		2008 Helsingborgs Simsällskap	0.80	422	5:08.22	+31.98
	50m: 35.19	100m: 1:15.12	(39.93)	150m: 1:54.31	(39.19)	200m: 2:33.17	(38.86)
	250m: 3:10.79	300m: 3:49.56	(38.77)	350m: 4:29.11	(39.55)	400m: 5:08.22	(39.11)
16	Elin Haugen		2009 Helsingborgs Simsällskap	0.73	399	5:14.05	+37.81
	50m: 34.76	100m: 1:13.32	(38.56)	150m: 1:53.44	(40.12)	200m: 2:33.65	(40.21)
	250m: 3:13.98	300m: 3:54.87	(40.89)	350m: 4:35.03	(40.16)	400m: 5:14.05	(39.02)
17	Daniella Nilsson		2009 Helsingborgs Simsällskap	0.81	395	5:15.22	+38.98
	50m: 36.10	100m: 1:16.88	(40.78)	150m: 1:57.95	(41.07)	200m: 2:38.50	(40.55)
	250m: 3:18.31	300m: 3:57.27	(38.96)	350m: 4:36.46	(39.19)	400m: 5:15.22	(38.76)
18	Alma Nilsson		2009 Helsingborgs Simsällskap	0.87	385	5:17.80	+41.56
	50m: 36.86	100m: 1:16.46	(39.60)	150m: 1:57.14	(40.68)	200m: 2:37.44	(40.30)
	250m: 3:18.31	300m: 3:57.99	(39.68)	350m: 4:38.67	(40.68)	400m: 5:17.80	(39.13)
19	Noelle Roslind		2011 Helsingborgs Simsällskap	0.81	376	5:20.39	+44.15
	50m: 35.82	100m: 1:15.78	(39.96)	150m: 1:57.39	(41.61)	200m: 2:38.15	(40.76)
	250m: 3:18.71	300m: 3:59.22	(40.51)	350m: 4:40.66	(41.44)	400m: 5:20.39	(39.73)
20	Nellie Bertelsen Borg		2011 Helsingborgs Simsällskap	0.66	357	5:25.78	+49.54
	50m: 35.61	100m: 1:15.94	(40.33)	150m: 1:57.36	(41.42)	200m: 2:39.57	(42.21)
	250m: 3:20.78	300m: 4:02.45	(41.67)	350m: 4:44.86	(42.41)	400m: 5:25.78	(40.92)

Resultat

Gren 7, 400m Frisim Damer - Final

Plac	Namn	Född	Förening	R.T.	AQU	Tid	Diff	
21	Greta Sandell		2009 Helsingborgs Simsällskap	0.79	350	5:28.01	+51.77	
	50m: 37.53	100m: 1:18.99	(41.46)	150m: 2:01.31	(42.32)	200m: 2:43.85	(42.54)	
	250m: 3:25.87	(42.02)	300m: 4:07.27	(41.40)	350m: 4:48.30	(41.03)	400m: 5:28.01	(39.71)
22	Alice Levin		2011 Helsingborgs Simsällskap	0.93	344	5:29.82	+53.58	
	50m: 38.24	100m: 1:19.81	(41.57)	150m: 2:02.05	(42.24)	200m: 2:44.42	(42.37)	
	250m: 3:26.41	(41.99)	300m: 4:08.31	(41.90)	350m: 4:50.08	(41.77)	400m: 5:29.82	(39.74)
23	Moa Thorén		2011 Helsingborgs Simsällskap	0.83	341	5:30.78	+54.54	
	50m: 36.71	100m: 1:18.44	(41.73)	150m: 2:01.22	(42.78)	200m: 2:44.04	(42.82)	
	250m: 3:26.61	(42.57)	300m: 4:08.71	(42.10)	350m: 4:51.17	(42.46)	400m: 5:30.78	(39.61)
24	Maja Hansson		2011 Helsingborgs Simsällskap		317	5:39.11	+1:02.87	
	50m: 38.50	100m: 1:21.51	(43.01)	150m: 2:05.72	(44.21)	200m: 2:49.16	(43.44)	
	250m: 3:32.59	(43.43)	300m: 4:16.40	(43.81)	350m: 4:58.99	(42.59)	400m: 5:39.11	(40.12)
25	Elvira Sandberg		2011 Helsingborgs Simsällskap	0.92	298	5:46.01	+1:09.77	
	50m: 38.62	100m: 1:22.28	(43.66)	150m: 2:06.34	(44.06)	200m: 2:51.03	(44.69)	
	250m: 3:35.61	(44.58)	300m: 4:20.52	(44.91)	350m: 5:04.62	(44.10)	400m: 5:46.01	(41.39)
26	Maria Komljenovic		2011 Helsingborgs Simsällskap	0.90	293	5:47.96	+1:11.72	
	50m: 38.53	100m: 1:21.83	(43.30)	150m: 2:07.02	(45.19)	200m: 2:52.74	(45.72)	
	250m: 3:36.76	(44.02)	300m: 4:21.08	(44.32)	350m: 5:05.83	(44.75)	400m: 5:47.96	(42.13)
27	Emma Chancellor-Maddison		2011 Helsingborgs Simsällskap	0.78	292	5:48.50	+1:12.26	
	50m: 37.71	100m: 1:21.13	(43.42)	150m: 2:05.94	(44.81)	200m: 2:50.34	(44.40)	
	250m: 3:36.53	(46.19)	300m: 4:20.72	(44.19)	350m: 5:05.92	(45.20)	400m: 5:48.50	(42.58)
28	Meja Sandin		2011 Helsingborgs Simsällskap		286	5:50.75	+1:14.51	
	50m: 38.91	100m: 1:22.24	(43.33)	150m: 2:06.89	(44.65)	200m: 2:52.65	(45.76)	
	250m: 3:37.66	(45.01)	300m: 4:23.69	(46.03)	350m: 5:08.42	(44.73)	400m: 5:50.75	(42.33)
29	Elin Stråle		2011 Helsingborgs Simsällskap	0.90	284	5:51.84	+1:15.60	
	50m: 38.91	100m: 1:22.02	(43.11)	150m: 2:07.07	(45.05)	200m: 2:52.37	(45.30)	
	250m: 3:38.07	(45.70)	300m: 4:23.68	(45.61)	350m: 5:09.27	(45.59)	400m: 5:51.84	(42.57)
30	Minuu Neumann		2011 Helsingborgs Simsällskap	0.76	259	6:02.62	+1:26.38	
	50m: 39.07	100m: 1:23.32	(44.25)	150m: 2:09.79	(46.47)	200m: 2:56.47	(46.68)	
	250m: 3:43.04	(46.57)	300m: 4:30.07	(47.03)	350m: 5:17.91	(47.84)	400m: 6:02.62	(44.71)
31	Alice Alm		2011 Helsingborgs Simsällskap	0.95	252	6:05.84	+1:29.60	
	50m: 39.44	100m: 1:23.73	(44.29)	150m: 2:10.78	(47.05)	200m: 2:58.69	(47.91)	
	250m: 3:45.57	(46.88)	300m: 4:32.94	(47.37)	350m: 5:21.01	(48.07)	400m: 6:05.84	(44.83)
32	Sigrid von Seth		2011 Helsingborgs Simsällskap	0.69	218	6:24.00	+1:47.76	
	50m: 37.22	100m: 1:21.95	(44.73)	150m: 2:10.48	(48.53)	200m: 2:59.93	(49.45)	
	250m: 3:50.96	(51.03)	300m: 4:44.15	(53.19)	350m: 5:35.59	(51.44)	400m: 6:24.00	(48.41)
33	Esther Folkesson		2011 Helsingborgs Simsällskap	0.44	199	6:35.66	+1:59.42	
	50m: 39.07	100m: 1:24.38	(45.31)	150m: 2:13.45	(49.07)	200m: 3:03.62	(50.17)	
	250m: 3:55.74	(52.12)	300m: 4:49.39	(53.65)	350m: 5:43.46	(54.07)	400m: 6:35.66	(52.20)
34	Disa Mannsdorff		2011 Helsingborgs Simsällskap	0.94	176	6:52.28	+2:16.04	
	50m: 44.04	100m: 1:34.79	(50.75)	150m: 2:27.57	(52.78)	200m: 3:20.69	(53.12)	
	250m: 4:15.96	(55.27)	300m: 5:09.26	(53.30)	350m: 6:02.92	(53.66)	400m: 6:52.28	(49.36)

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Gren 8, 400m Frisim Herrar - Final

Plac	Namn	Född	Förening	R.T.	AQU	Tid	Diff	
1	Victor Sandrup		2007 Helsingborgs Simsällskap	0.59	669	4:02.67		
	50m: 27.75	100m: 58.22	(30.47)	150m: 1:28.88	(30.66)	200m: 1:59.57	(30.69)	
	250m: 2:30.46	(30.89)	300m: 3:01.44	(30.98)	350m: 3:32.57	(31.13)	400m: 4:02.67	(30.10)
2	Isak Vikström		1999 Helsingborgs Simsällskap	0.65	644	4:05.66	+2.99	
	50m: 27.93	100m: 58.19	(30.26)	150m: 1:28.85	(30.66)	200m: 2:00.03	(31.18)	
	250m: 2:31.10	(31.07)	300m: 3:02.13	(31.03)	350m: 3:33.87	(31.74)	400m: 4:05.66	(31.79)
3	Gustaf Stokholm		2004 Helsingborgs Simsällskap	0.74	619	4:08.94	+6.27	
	50m: 28.17	100m: 59.33	(31.16)	150m: 1:30.81	(31.48)	200m: 2:02.31	(31.50)	
	250m: 2:33.77	(31.46)	300m: 3:05.44	(31.67)	350m: 3:37.23	(31.79)	400m: 4:08.94	(31.71)
4	Eric Sandrup		2009 Helsingborgs Simsällskap	0.80	568	4:16.16	+13.49	
	50m: 29.13	100m: 1:01.33	(32.20)	150m: 1:34.33	(33.00)	200m: 2:07.43	(33.10)	
	250m: 2:39.74	(32.31)	300m: 3:12.41	(32.67)	350m: 3:44.77	(32.36)	400m: 4:16.16	(31.39)
5	Wille Zetterström		2008 Helsingborgs Simsällskap	0.73	503	4:26.85	+24.18	
	50m: 30.32	100m: 1:03.24	(32.92)	150m: 1:36.92	(33.68)	200m: 2:10.90	(33.98)	
	250m: 2:44.23	(33.33)	300m: 3:18.37	(34.14)	350m: 3:53.13	(34.76)	400m: 4:26.85	(33.72)
6	Elliot Sandberg		2008 Helsingborgs Simsällskap	0.73	487	4:29.61	+26.94	
	50m: 30.81	100m: 1:04.04	(33.23)	150m: 1:37.60	(33.56)	200m: 2:12.08	(34.48)	
	250m: 2:46.55	(34.47)	300m: 3:20.89	(34.34)	350m: 3:55.79	(34.90)	400m: 4:29.61	(33.82)

Resultat

Gren 8, 400m Frisim Herrar - Final

Plac	Namn	Född	Förening	R.T.	AQU	Tid	Diff	
7	Filip Jälminger		2008 Helsingborgs Simsällskap	0.61	481	4:30.84	+28.17	
	50m: 30.02	100m: 1:03.36	(33.34)	150m: 1:38.14	(34.78)	200m: 2:13.26	(35.12)	
	250m: 2:47.97	(34.71)	300m: 3:22.99	(35.02)	350m: 3:57.75	(34.76)	400m: 4:30.84	(33.09)
8	Kasper Prahl		2008 Helsingborgs Simsällskap	0.65	478	4:31.28	+28.61	
	50m: 30.00	100m: 1:03.07	(33.07)	150m: 1:36.76	(33.69)	200m: 2:10.54	(33.78)	
	250m: 2:44.87	(34.33)	300m: 3:19.86	(34.99)	350m: 3:55.64	(35.78)	400m: 4:31.28	(35.64)
9	Jarne Vriezেকolk		2009 Helsingborgs Simsällskap	0.71	436	4:39.85	+37.18	
	50m: 31.91	100m: 1:07.48	(35.57)	150m: 1:43.09	(35.61)	200m: 2:19.15	(36.06)	
	250m: 2:54.48	(35.33)	300m: 3:30.34	(35.86)	350m: 4:06.17	(35.83)	400m: 4:39.85	(33.68)
10	Viggo Näsström		2010 Helsingborgs Simsällskap	0.78	415	4:44.42	+41.75	
	50m: 30.55	100m: 1:05.25	(34.70)	150m: 1:41.13	(35.88)	200m: 2:17.93	(36.80)	
	250m: 2:55.50	(37.57)	300m: 3:32.98	(37.48)	350m: 4:09.62	(36.64)	400m: 4:44.42	(34.80)
11	Victor Samevall		2010 Helsingborgs Simsällskap	0.70	386	4:51.32	+48.65	
	50m: 30.62	100m: 1:06.10	(35.48)	150m: 1:42.81	(36.71)	200m: 2:20.77	(37.96)	
	250m: 2:58.50	(37.73)	300m: 3:36.19	(37.69)	350m: 4:13.55	(37.36)	400m: 4:51.32	(37.77)
12	Andreas Joves		2011 Helsingborgs Simsällskap	0.68	347	5:01.96	+59.29	
	50m: 31.81	100m: 1:07.09	(35.28)	150m: 1:43.77	(36.68)	200m: 2:22.81	(39.04)	
	250m: 3:03.19	(40.38)	300m: 3:42.86	(39.67)	350m: 4:22.56	(39.70)	400m: 5:01.96	(39.40)
13	Simon Mortensson		2010 Helsingborgs Simsällskap	0.68	308	5:14.09	+1:11.42	
	50m: 35.20	100m: 1:14.75	(39.55)	150m: 1:55.42	(40.67)	200m: 2:35.47	(40.05)	
	250m: 3:15.62	(40.15)	300m: 3:55.81	(40.19)	350m: 4:36.47	(40.66)	400m: 5:14.09	(37.62)
14	Victor Ferm		2007 Helsingborgs Simsällskap	0.82	297	5:17.90	+1:15.23	
	50m: 34.30	100m: 1:12.44	(38.14)	150m: 1:52.47	(40.03)	200m: 2:32.94	(40.47)	
	250m: 3:13.82	(40.88)	300m: 3:55.73	(41.91)	350m: 4:38.08	(42.35)	400m: 5:17.90	(39.82)
15	Loujan Llupa		2010 Helsingborgs Simsällskap	0.68	272	5:27.48	+1:24.81	
	50m: 35.57	100m: 1:16.17	(40.60)	150m: 1:58.17	(42.00)	200m: 2:40.85	(42.68)	
	250m: 3:22.51	(41.66)	300m: 4:05.56	(43.05)	350m: 4:47.72	(42.16)	400m: 5:27.48	(39.76)
16	Neo Dobraj		2011 Helsingborgs Simsällskap	0.74	250	5:36.92	+1:34.25	
	50m: 36.27	100m: 1:17.29	(41.02)	150m: 1:59.77	(42.48)	200m: 2:43.34	(43.57)	
	250m: 3:26.72	(43.38)	300m: 4:10.17	(43.45)	350m: 4:54.63	(44.46)	400m: 5:36.92	(42.29)
17	Hassan Kabrit		2011 Helsingborgs Simsällskap	0.67	242	5:40.29	+1:37.62	
	50m: 35.62	100m: 1:16.59	(40.97)	150m: 2:01.09	(44.50)	200m: 2:45.80	(44.71)	
	250m: 3:31.20	(45.40)	300m: 4:16.59	(45.39)	350m: 5:01.60	(45.01)	400m: 5:40.29	(38.69)
18	Tim Bankert		2011 Helsingborgs Simsällskap	0.77	240	5:41.43	+1:38.76	
	50m: 38.61	100m: 1:22.79	(44.18)	150m: 2:07.24	(44.45)	200m: 2:50.62	(43.38)	
	250m: 3:34.29	(43.67)	300m: 4:18.51	(44.22)	350m: 5:02.75	(44.24)	400m: 5:41.43	(38.68)
19	Teo Zonic		2011 Helsingborgs Simsällskap	0.63	237	5:42.70	+1:40.03	
	50m: 39.05	100m: 1:23.25	(44.20)	150m: 2:07.39	(44.14)	200m: 2:50.78	(43.39)	
	250m: 3:35.02	(44.24)	300m: 4:19.83	(44.81)	350m: 5:02.60	(42.77)	400m: 5:42.70	(40.10)
20	Love Kronwall		2011 Helsingborgs Simsällskap		213	5:55.01	+1:52.34	
	50m: 39.55	100m: 1:23.90	(44.35)	150m: 2:08.19	(44.29)	200m: 2:52.83	(44.64)	
	250m: 3:36.99	(44.16)	300m: 4:22.19	(45.20)	350m: 5:09.00	(46.81)	400m: 5:55.01	(46.01)
21	Ted Bente		2011 Helsingborgs Simsällskap	0.71	192	6:07.73	+2:05.06	
	50m: 36.78	100m: 1:21.92	(45.14)	150m: 2:08.77	(46.85)	200m: 2:55.69	(46.92)	
	250m: 3:43.41	(47.72)	300m: 4:31.76	(48.35)	350m: 5:20.70	(48.94)	400m: 6:07.73	(47.03)
22	Neo Nivdalen		2010 Helsingborgs Simsällskap	0.61	190	6:08.93	+2:06.26	
	50m: 38.63	100m: 1:22.36	(43.73)	150m: 2:09.36	(47.00)	200m: 2:56.04	(46.68)	
	250m: 3:45.19	(49.15)	300m: 4:33.73	(48.54)	350m: 5:22.59	(48.86)	400m: 6:08.93	(46.34)
23	Emre Hatipoglu		2010 Helsingborgs Simsällskap		189	6:09.24	+2:06.57	
	50m: 35.30	100m: 1:19.04	(43.74)	150m: 2:04.80	(45.76)	200m: 2:52.05	(47.25)	
	250m: 3:40.88	(48.83)	300m: 4:29.29	(48.41)	350m: 5:19.02	(49.73)	400m: 6:09.24	(50.22)

Grenen officiell: 2024-05-06 19:23:15